

VERCORS TOUR self-guided

The best of the massif on a plate



Limestone massif of the Prealps, perched between Drôme and Isère, the Vercors (the largest Regional Natural Park in France), is a true paradise for hikers. Wide open valleys, vast forests of fir and spruce, but also beech and maple, paths in lookouts, everything calls for "resourcing"... The variety of landscapes amazes the hiker: medium mountain "classic", white walls of limestone, deep and mysterious gorges, caves and surprising resurgences, passages (called "pas") unsuspected in the cliffs, borrowed for centuries. A little further up, there is this immense desert of the Highlands (nature reserve), a veritable chaos of limestone and sheep pasture.

The average altitude, between 700 m and 1400 m, a climate neither too hot nor too cold: you feel good, the air is lively, the fauna and flora abound. The Vercors is also a mountain that has been able to remain alive, thanks to complementary activities: in addition to the breeding, the reception of children on the farm once, and today, a tourism that has been able to remain discreet. No concrete station, but small villages that have kept their strength and are happy to welcome you. Logging is still important, and large farms wich still produce meat, milk and cheese.

🖉 7 days

Self-guided / without a guide

With or without baggage transport

Accommodation : Comfort (room)

🏅 Level : ***

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You will like

- Breathtaking views of the Alps
- A route known for more than 30 years
- The discovery of a massif marked by the history of the Resistance

The route

Day 1

Start of the trek in the afternoon in Lans en Vercors.

LANS EN VERCORS

Arrival in the afternoon or in the early evening in Lans en Vercors. Dinner and overnight in hotel ** with swimming pool in Lans en Vercors.

Day 2

LANS EN VERCORS - AUTRANS

The crests of the Vercors Nord, by the Pas de Bellecombe and the Pas de l'Ours. On the Molière pasture, a superb perspective on all the Alps : no less than 7 mountain ranges, including the Mont Blanc, offer themselves to your eyes. Nice descent on Autrans, in the middle of the hamlets. Dinner and overnight in hotel *** with swimming pool in Autrans. 5h30 hours walk / Elevation: +650m -650m

Day 3

AUTRANS - RENCUREL

You will go through the footsteps of Pertuzon following the GR which will lead you through a very pleasant path until Rencurel, small ans quiet village. Dinner and overnight in hotel ** with swimming pool in Rencurel. <u>5h hours walk / Elevation: +400m -650m</u>

Day 4

RENCUREL - PONT-EN-ROYANS

By the Pas du Ranc and the caves of Choranche. A day in exceptional sites: Choranche, an amazing circus of white cliffs, Choranche and its waterfalls, and above all, its unique cave in Europe for its thousands of infinitely long and thin stalactites... Continuation on Pont en Royans, a lovely village and its houses suspended above the Bourne. Dinner and overnight in a hotel *** Pont en Royans. <u>6h30 hours walk / Elevation: +500m -1000m</u>

Day 5

PONT-EN-ROYANS - LA CHAPELLE EN VERCORS

Quick transfer to the Mézelier pass. Climb on the Vercors Central by the Pas des Arches and the Grands Goulets. Superb panoramas over the entire massif, where we can distinguish perfectly the different parts of this limestone massif, notched with deep gorges. We cross the sumptuous mixed forest of the Allier, to discover one of the most impressive passages of the Vercors: the Grands Goulets, narrow gorges dug deep into the limestone. Stage in the village of La Chapelle in Vercors.

Dinner and overnight in hotel ** in La Chapelle en Vercors. <u>5 hours walk / Elevation: +870m -580m</u>

Day 6

LA CHAPELLE EN VERCORS - BOIS BARBU

Quick transfer to Tourtre. Bois Barbu, above Villard de Lans, by the Pas de St Martin then the plain of Herbouilly and the

Day 7

BOIS BARBU - LANS-EN-VERCORS

Quick transfer to the place called "la Conversaria", above Villard de Lans. You then reach Lans by the Gobert Trail, the Col Vert (and the Pic St Michel, as an option) : magnificent "ecological trail" where you will discover the typical flora of the Vercors Nord, a balcony trail that dominates the entire Villard valley. The Col de l'Arc is a superb easy access pass, offering a beautiful balcony on Belledonne and Oisans. The Pic St Michel is one of the peaks of the Vercors Nord; it offers a remarkable view of all the Alps and the Vercors Nord. <u>5 hours walk / Elevation: +350m -400m</u>

End of the trek in the afternoon at Lans-en-Vercors.

The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc.

The trip

LEVEL ***

Elevation: from 350m to 1170m approximately per day. Walking time: 5 to 7 hours per day. Type of trek: this tour is not technically difficult and is open to children from 12 years.

ACCOMODATION

6 nights in hotels. All accommodation has hot showers.

MEALS

Breakfast and dinner are provided in each accommodation. Lunch are not included.

MAPS

IGN 1/25 000 n°3235OT Autrans ; 3236OT Villard de Lans.

Practical information

ACCESS TO DEPARTURE POINT

Start of the trek in Lans en Vercors.

BY TRAIN / BUS Train to Grenoble (<u>https://www.sncf-connect.com</u>) then bus to Lans en Vercors. Regular bus to Lans en Vercors (line T64), from the bus station, next to the train station : 04 26 16 38 38 ou https://carsisere.auvergnerhonealpes.fr/

BY CAR Direction Valence (if you com from the south) or Grenoble (if you come from the north), then Villard-de-Lans. Lans is 20 km away from Grenoble, Villard is 30 km away from Grenoble. You can park your car at the Lans-en-Vercors tourist office.

CLOSEST AIRPORTS Lyon (LYS) 1h by car to Grenoble, then train and bus to Lans-en-Vercors.

End of the trek in the afternoon in Lans en Vercors.

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. In no case can we be responsible for your own Personal Liability. If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

CONTACT US

If you are late please contact the agency as soon as possible: +33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07

Dates & prices

7 days and 6 night

From June to September

Information and reservation is simple by telephone or email

THE PRICE

The price includes:

- Organisation and booking fees ;
- Accommodation in gîtes, refuges and small hotels, including the tourist tax ;
- Dinner and breakfast in accomodation ;
- Baggage transport between accommodation (depending the option subscribed)
- Digital roadbook

The price does not include:

- Lunch
- Personal expenses (drinks, etc.);
- Touristic visits;
- Cancellation insurance;
- Your return journey from home to departure/end point.

Equipment and baggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

BAGGAGE TRANSPORT

Your baggage will be transported daily ***NOTE DAYS NO BAGGAGE*** (except Day 1) between accommodation by our logistics vehicle. You are allowed 1 soft, sports type bag with all your possessions inside, **no heavier than 12kg**. Your bag has to be carried everyday by the driver, where access is not always easy, please think of their backs! **Baggage which is too big and too heavy won't be accepted by the drivers!**

Details

HOW TO REGISTER

- Online: www.altitude-montblanc.com
- By telephone: +33 (0)4 50 79 09 16
- By post: Please provide your details
 - Surname, First Name, Date of birth
 - Address
 - Email
 - Telephone
 - Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc 62, passage du Nant Devant 74110 MONTRIOND FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc

('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (inc. maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:			
PRENOM:			
Date of birth:			
Address:			
Phone number:			
Mobile phone number:			
Email address:			
SEJOUR DEMANDE:			
Number of days:			
Insurance:			
Price:	x 30%	=	Deposit
Locality where signed:		Date	
Signature:			

Return with your deposit to: Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE