



TOUR OF THE COMBINS


At the foot of the Valais giants !





As a discreet little brother of the Mont Blanc, the Grand Combin (4314m) rises above its region and seems to rule alone over the Pennine mountain range.


And as a quiet cousin of the Tour of Mont Blanc, the Tour of Combins stretches between the swiss Valais and the italian Valle d'Aosta on a wild and authentic route.

A good opportunity to wander across these contrasted lands, from the green pastures of Val d'Ollomont to the icy slopes of the Corbassières glacier, and of course through the mythical Col du Grand Saint-Bernard and his thousand years old hospice. From pass to summit, from lakes to pastures, enjoy your week on a raw and quiet mountain.


 6 days

 Guided / with a guide

 With or without baggage transport

 Accommodation : Classic (dormitory)

 Level : ***

 From : 965€

You will like

- The proximity of the Mont Blanc, without the crowd!
- A diversified route between the Valle d'Aosta and the Valais
- The scenery of the 4000 meters summits and their glacier all along the way
- A night in the famous hospice of Grand Saint-Bernard
- Walking across the gigantic footbridge of Corbassière across the valley!

The route

Day 1

Meeting at 9.45am in the large parking lot of the hamlet of Fionnay (commune of Bagnes, Valais)

FIONNAY - MAUVOISIN DAM – REFUGE CHANRION

From the Fionnay village to the dam of Mauvoisin, under the summits of Tourmelon and Combins. Slow ascent to the gorgeous lake of Tsofeiret. Overnight in the mountains at the Chanrion refuge, **without luggage**.

5.5 - 6 hours walk / Elevation: + 1200 m - 150m

Day 2

FENETRE DURAND - CHAMPILLON (Italy)

Ascent to the pass of the Fenêtre de Durand (2797m), lunar-like landscape on the Italian border. Then down to the Val of Ollomont, beautiful green pastures above the Valley. A day of contrasts between the rugged Swiss landscape and the tranquility of the Italian slopes. Superb views of the Grand Vêlan, the Combins' cousin peak. Night in a mountain refuge.

7 - 7.5 hours walk / Elevation: + 1150 m - 1280m

Day 3

COL DE CHAMPILLON - SAINT OYEN - COL DU GRAND SAINT-BERNARD

A day with stunning scenery to the pass of Champillon over the Grand Saint-Bernard valley. Down to Saint-Oyen, lovely hamlet in Valle d'Aosta. Bus transfer to the Col du Grand Saint-Bernard, overnight in its famous hospice.

5 - 5.5 hours walk / Elevation: + 350 m - 1400m

Day 4

LACS FENETRE - BOURG SAINT PIERRE

Up to the Fenêtre de Ferret and then down to the Lakes Fenêtre, wonders of the Valais too often forgotten. They offer an exceptional view over Mont Blanc and the Grandes Jorasses from an unusual angle. Down to the lac of Toules and the village of Bourg Saint-Pierre. Night in a gîte.

6.5 - 7 hour walk / Elevation: +750m -1550m

Day 5

COL DE MILLE - CABANE BRUNET

A long but easy ascent to the Col de Mille at 2470m for a superb view of the Mont Blanc massif. Balcony trail from the Val d'Entremont to the Val de Bagnes, crossing the La Chaux and La Ly mountain pastures. Overnight at the Brunet refuge.

6.5 - 7 hour walk / Elevation: +1100m -650m

Day 6

GLACIER DE CORBASSIERE - FIONNAY

Ascent to the glacier of Corbassière, one of the most beautiful in the Alps. With the Combins towering above it, it exudes an unparalleled high-mountain atmosphere. Cross an impressive but perfectly safe footbridge over the moraine. Descend to Fionnay along a beautiful "Bisse", a small canal typical from the Valais that brings the water from the glacier to the bottom of the valley.

4.5 - 5 hour walk / Elevation: +650m -1200m

End of the hike at Fionnay around 4pm.

The trip

LEVEL ***

Elevation: +400 to 1120 m average per day.

Walking time: 4.5 to 7 hours average per day.

Type of trek: mountain trails with no particular technical difficulties.

On Day 5, an impressive but perfectly safe footbridge, 210m long and 70m high, provides an easy way to cross a large glacial valley. In the case of extreme fear of heights, it can be bypassed by another route.

You have to be in a general good fitness level. Please practice a cardio sport as us hiking, running, cycling, from 3 to 4 hours a week.

Your physical preparation will enable you to enjoy your trek to the maximum.

Please find the description of the levels by clicking here: [Level of difficulty](#)

GUIDING

Number in a group between 6 and 14 people supervised by a qualified professional mountain leader.

To thank your guide, it is usual to tip him at the end of the trek, according to your satisfaction. It is not mandatory but, it is very appreciated.

ACCOMMODATION

5 nights in dormitory in gite or mountain refuge.

All accommodation offers hot showers except day 1.

MEALS

Breakfast and dinner are provided in each accommodation.

Picnics are carefully and daily prepared by your guide, comprising a variety of a healthy salads and local products.

Please inform us about your food allergies and special diets **at the time of booking**.

We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

CURRENCY

It is essential to carry Swiss Francs for your personal expenses.

MAPS

1:25 000 Gran San Bernardo - Ollonmont (no 5)

1:25 000 Val de Bagnes - Verbier (office du tourisme le Châble)

1:50 000 Grand-St-Bernard - Combin - Arolla, 5027 T

Practical information

ACCESS TO DEPARTURE POINT

Meeting Sunday at 9.45am at Fionnay (Val de Bagnes, Valais, Switzerland).

BY TRAIN AND BUS

Inbound: depart Gare de Lyon (Paris) at 10.18am, by Lausanne, Martigny, arriving in Le Châble at 4.15pm, then bus departure at 4.21pm, arriving at 4.51pm at Fionnay.
Return: Bus 253 departure from Fionnay arriving at Le Châble, then train departure at Martigny, Lausanne, arriving at (Paris) Gare de Lyon.

Times given are indicative and should be verified at a train station or at oui.sncf and cff.ch

BY CAR

Take the A40 motorway to Geneva, Chamonix, follow direction Martigny (Switzerland), continue direction Italy and follow signs for Verbier, when in Le Châble, continue to "Fionnay - Mauvoisin" direction.
Parking places near the river, close to the Fionnay dormitory, a big building on your left when you arrive in Fionnay.

End of the hike Friday around 4pm in Fionnay.

ACCOMMODATION BEFORE AND AFTER

Tourist Office Verbier: +41 (0)2 77 75 38 88

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. Under no circumstances, we can replace your personal civil liability.

The repatriation insurance EUROP ASSISTANCE that we offer is dedicated to French speaking people living in Europ. If it is not your case, we advise you to subscribe to another travel insurance which will cover you in case of injury and repatriation during your trek. If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

From 07/07/24 to 12/07/24	Open departure	995 €
From 14/07/24 to 19/07/24	Guaranteed departure	995 €
From 21/07/24 to 26/07/24	Open departure	995 €
From 28/07/24 to 02/08/24	Last places available	995 €
From 04/08/24 to 09/08/24	Guaranteed departure	995 €
From 11/08/24 to 16/08/24	Open departure	995 €
From 18/08/24 to 23/08/24	Guaranteed departure	995 €
From 25/08/24 to 30/08/24	Open departure	995 €
From 01/09/24 to 06/09/24	Open departure	995 €
From 08/09/24 to 13/09/24	Open departure	965 €

THE PRICE

The price includes:

- Organisation and booking fees, guiding by a qualified and insured mountain leader;
- All meals including picnic lunch and snacks from dinner on day 1 to breakfast on day 6;
- Accommodation in gites and refuges;
- Shower tokens if needed;
- Daily baggage transport between accommodation (except day 1);
- Bus and train transfers included in the programme ;
- Tourist tax.

The price does not include:

- Personal expenses, drinks, touristic visits, etc.;
- Luggage transport on day 1;
- Your return journey from home to the point of departure/end point;
- Cancellation insurance.

The price applies from departure to end point.

Equipment and baggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

BAGGAGE TRANSPORT

You are allowed **1 soft, sports type bag, with all your possessions inside, of 10kg maximum per person**. Your baggage will be transported daily (except day 1) between accommodation by our logistics vehicle where access is not always easy.

Baggage which is too big and too heavy won't be accepted by the drivers, please think of their backs!

YOUR BACKPACK FOR THE NIGHTS WITHOUT YOUR BAGGAGE

For the night 1, without your baggage at the accommodation (you will get it back the night after), here are the things to add to your backpack (about 2 kilos are enough!):

- small toiletries bag
- sleeping bag liner sheet
- change of clothes (bare necessities!) and comfortable shoes/clothes for the evening.

HOW TO REGISTER

- Online: <http://www.altitude-montblanc.com>

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
180, route du lac
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:

PRENOM:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

SEJOUR DEMANDE:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

A large, light gray rectangular box intended for the user's signature.

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE