

TOUR OF THE BEAUFORTAIN MASSIF

Mountain getaway



Here, the landscape brings back buried memories. You suddenly discover the mountain of your childhood, the mountain of your dreams! The one you drew at school without having seen it, the one that the over-frequentation of ski resorts means you can no longer find. It's all there: the crest of the snow-capped peaks forming the horizon, the lush green meadows where the herds graze, the little village huddled around its bell tower, hanging on to the slope and, everywhere, the wooden chalets, the traditional habitat, dotted across the mountain. This is a wild mountain that man has not deserted.

🕒 6 Days

👤 Guided / with a guide

🧳 With or without luggage transportation

🏠 Accommodation : Classic (dormitory)

🗝️ Level : ***

🏠 From : 870€

You will like

- A traditional mountain with pastures, herds and chalets...
- A serene atmosphere away from the big resorts
- Landscapes of the Mont-Blanc massif
- The unique taste of the "Beaufort", the local cheese.

The route

Day 1

Meet your guide on Sunday at 9am in Beaufort sur Doron, in the large free car park on the right at the entrance to the village opposite the tennis courts, along the Doron river. Transfer to Planay, Arêches, the starting point for the hike.

BEAUFORT - TETE ROUGE

Starting from Le Planay, the route begins in the forest and leads to the Col de La Bathie pass. The tour and possible ascent of Pointe de La Grande Combe offers a beautiful 360° panorama before crossing under Tête Rouge via Lake Brassa.

Overnight stay in a mountain refuge **without luggage**.

6h30 walk / Elevation: +1200 m ; -760 m / 15 km

Day 2

COL DE LA FORCLAZ – COL DE LA LOUZE

From the refuge, set off on a day trip through wild terrain between Grand Mont and Pointe du Riondet. The route begins in a rocky landscape alongside Lakes Seston and Cornu before reaching the Col de La Forclaz and then the Col de La Louze. The second part of the day continues through vast mountain pastures and numerous streams along the slopes of Riondet. Overnight stay in a refuge with luggage.

4h30 walk / Elevation: +600 m ; -750 m / 10 km for the direct path.

5h30 walk / Elevation: +800m ; -950 m / 13 km with the summit of the Grand Mont or by the Lacs de la tempête.

Day 3

COL DU COIN – COL DU BRESSON

The trail starts gently in the mountain pastures between Lac des Fées and Lac des Halles, leading to Col du Coin, which offers fantastic views of the Mont Blanc massif. It then joins Lac d'Amour at the foot of Pierra Menta, one of the most famous peaks in Beaufortain, an iconic mountain for ski mountaineering! After passing Col du Bresson, the day ends on a high note in the Pisset valley. Overnight stay in a refuge **without luggage**.

5h walk / Elevation: +1060 m / -400 m / 11 km

Day 4

COL DU GRAND FOND – COMBE DE LA NEUVA

A more leisurely day to reach the Cormet de Roselend, a historic pass to the Tarentaise and Italy. There are two possible routes for this stage: starting with the ascent of the Col du Grand Fond, followed by a descent with Mont Blanc in sight in the vast Combe de la Neuva; or retracing the previous day's route and then crossing over to the side overlooking the magnificent Roselend dam. The two routes then join up. Night in a refuge with luggage.

4h walk / Elevation: +200 m ; -850 m / 10 km

Day 5

CRÊTE DES GITTES – COL DU BONHOMME

An initial climb beneath the Rocher du Vent offers views of the vast Cormet de Roselend plateau before reaching the Col de La Sauce and then the Crête des Gittes. From the Col de la Croix du Bonhomme, the route follows a section of the Tour du Mont Blanc, along the traditional route taken by peddlers between Val Monjoie, Tarentaise and Val d'Aoste. A short, unusual detour is possible via the Rocher du Vent and its tunnel, offering spectacular views of the Gittaz and Roselend lakes and the Mont Blanc massif... of course (+1h30 walk, +/-250m elevation gain / +4km). Overnight stay in a refuge at the foot of the Aiguille de Roselette, as close as possible to the Mont Blanc massif **without your luggage**.

6h00 walk / Elevation: +950 m ; -850 m / 14 km

Day 6

ROCHERS DES ENCLAVES - PLAN DU MONT - BEAUFORT

From the refuge, the route begins with an ascent of the ridge, bringing you back to the southern slope of the Aiguille de Roselette. It then turns into a long panoramic walk above Lake Girotte. There are successive views over the Hauteluce valley to the Col de la Gittaz, then downhill to the Plan du Mont car park.

Transfer to Beaufort.

7h00 walk / Elevation : +920 m ; -1360 m / 17 km

End of the hike at 5.00 pm in Beaufort.

The trip

LEVEL ***

Elevation: +/- 900m approximately per day.

Walking time: 5 to 7 hours per day.

Type of trek: often stony mountain route. A few variants may be proposed with steeper passages requiring a little more attention. The use of walking poles is recommended.

You need to be in a good overall physical condition. Regularly practise an endurance sport such as walking, running, swimming or cycling, 3 to 4 hours a week. Your fitness training will make your walk easier and make it all the more enjoyable. Click here for a description of the different levels: [hiking levels](#).

GUIDING

Number of participants between 6 and 14, supervised by a qualified professional (mountain leader).

The mountain guide leader may have to modify the programme to adapt it to the level of the participants and/or the natural conditions. As a last resort, he is the sole decision-maker.

To thank your guide, it is usual to tip your guide at the end of your hike, depending on your satisfaction. This is not mandatory, but much appreciated.

ACCOMMODATION

Classic : 5 nights in dormitory in refuge.

All accommodation has hot showers. Due to increasingly recurrent periods of drought, access to showers is not guaranteed.

MEALS

Breakfast and dinner are provided in each accommodation. For lunch, the guide prepare a picnic for the group, generally made up of a variety of salads and local products. For nights without luggage transport, picnics are ordered at the refuge. Please inform us about your food allergies and special diets **at the time of booking**. We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

LUGGAGE TRANSFER

Your luggage is transported to your accommodation on Days 2 and 4.

CURRENCY

Please bring cash for drinks and personal expenses, as not all accommodations accept credit cards.

RESPONSIBLE TOURISM

We opted to not transfer luggage on several nights where this service involved extensive and very costly logistics, in order to maintain a more affordable rate and limit the carbon impact. The third night without luggage was chosen for its otherwise unbeatable itinerary! Let us know your thoughts.

MAPS

Practical information

ACCESS TO DEPARTURE POINT

Departure at Beaufort sur Doron.

BY TRAIN

Go: departure from Gare de Lyon (Paris) and arrival in Albertville.

Bus 21 from Albertville to Beaufort sur Doron (timetable available on Altibus.com).

Return: bus 21 from Beaufort sur Doron to Albertville (timetable available on Altibus.com).

Departure from Albertville and arrival at (Paris) Gare de Lyon.

Timetables must be checked with SNCF www.voyages-sncf.com

BY CAR

Please check mappy.com or viamichelin.com

End point at Beaufort sur Doron.

ACCOMMODATION BEFORE AND AFTER

[Hôtel le Grand Mont](#), place de l'Eglise 73270 Beaufort, 04 79 38 33 36

[Gîte de Molliessoulaz](#), 5398 route de Molliessoullaz 73720 Queige, 06 30 10 34 56

TO CONTACT US

If you are late please contact the agency as soon as possible **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

Departures on Sundays only.

| | | |
|---------------------------|----------------------|-------|
| From 21/06/26 To 26/06/26 | Guaranteed departure | 870 € |
| From 28/06/26 To 03/07/26 | Guaranteed departure | 870 € |
| From 05/07/26 To 10/07/26 | Open departure | 870 € |
| From 19/07/26 To 24/07/26 | Guaranteed departure | 870 € |
| From 02/08/26 To 07/08/26 | Guaranteed departure | 870 € |
| From 16/08/26 To 21/08/26 | Open departure | 870 € |
| From 30/08/26 To 04/09/26 | Open departure | 870 € |

THE PRICE

Includes:

- Organisation and booking fees ;
- Guiding by a qualified mountain leader ;
- Accommodation with half-board formula, picnic lunches and snacks ;
- Luggage transfer on Days 2 and 4 ;
- Tourist tax ;
- Transfers as described in the technical facts.

Does not include:

- Personal expenses (drinks, visits, etc.);
- Luggage transfer on Days 1, 3 and 5 ;
- Cancellation insurance;
- Your return journey from home to the point of departure/end point.

The price is all inclusive from departure to end point.

Equipment and luggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Lightweight down jacket
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches (0,4 ~ 0,5L)
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

LUGGAGE TRANSFER

You are allowed **1 soft, sports type bag, with all your possessions inside, of 10kg maximum per person**. Your baggage will be transported, on days 2 and 4 only, between accommodation by our logistics vehicle where access is not always easy.

Baggage which is too heavy won't be accepted by the drivers, please think of their backs!

YOUR BACKPACK FOR THE NIGHTS WITHOUT LUGGAGE

On nights 1, 3, 5, your luggage won't be delivered at your accommodation. Here are the things to bring with you (about 2 kilos are enough!):

- small toiletries bag
- sleeping bag liner sheet
- change of clothes for the day after (bare necessities!) and comfortable for the evening.

Details

HOW TO REGISTER

- By internet: <http://www.altitude-montblanc.com>

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
62 Passage du Nant Devant
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 35% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (inc. maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.

Registration by mail form

Last name:

First name:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

Requested tour:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE