

# THE BARONNIES, GATEWAY TO THE PROVENCE self-guided

## Between large pastures and lavender hills



Located at the southern end of the Hautes-Alpes department, the Buëch countries already smell of Haute Provence! This little-known territory offers multiple hiking opportunities between 600 m and more than 2000 m of altitude, passing from alpine pastures where the edelweiss grows to the hills lined with fragrant lavender. Arboriculture with its apple plantations and sheep breeding make Buëch a very preserved region where agriculture remains the main activity. The diversity of landscapes and reliefs make it a hiking area that can be enjoyed from April.

	Self-guided / without guide	With or without luggage transportation
Accommodation : Comfort (room)	Level : **	From : 580€

## You will like

- Landscape diversity day after day
- The sunny climate of the southern extremity of the Hautes Alpes department
- The discovery of a territory between high mountains and Provence
- Its lavender fields and green valleys
- A preserved territory where agriculture reigns

## The route

## Day 1

#### **SERRES - PAS DE LA LOUVE - SAVOURNON**

From Serres (free parking in the village square), leave your luggage at the Tourist Office and start your journey in the heart of the Baronnies Regional Nature Park. This first stage takes you to one of the most spectacular panoramas of Serres, the Dévoluy, the Monges and the entire Buëch valley as far as Sisteron. The Pas de la Louve will take you over the Arambre massif to reach the vast agricultural plain of Savournon, home of the famous lamb that is the pride of the Southern Alps. Overnight in Savournon in an auberge.

5 hrs walk / Altitude: +650 m; -600 m

## Day 2

#### **SAVOURNON - GORGES DU RIOU - LARAGNE**

Depart via the departmental road for the Jubéo state forest. In the heart of this coniferous forest, you can enjoy the peaceful calm against the backdrop of one of the most beautiful perched synclines in the valley. Pass close to the Jubéo forest house and then descend into the Riou gorges... Exceptional surroundings on this path carved out by the foresters. Pass through the typical village of St Genis before enjoying a swim at the lake of the same name. Continue on to Laragne Montéglin via the historic site of Vieil Eyguians. Overnight in Laragne in hotel. 5 hrs walk / Altitude: +450 m; -600 m

## Day 3

#### LARAGNE - CHÂTEAUNEUF DE CHABRE - GORGES DE LA MÉOUGE - BARRET

From Laragne, transfer to Châteauneuf de Chabre. Leaving the small village of Chateauneuf, you reach Antonave, the mouth of the Gorges de la Méouge. The Gorges de la Méouge link the Drôme provençale with the Hautes-Alpes. The turquoise river cascades down, forming whirlpools, pools and polished pebble beaches at the bottom of the deep, green gorges, bathed in warmth and light. Classified as a biological reserve, the Gorges de la Méouge are one of the wonders of the Hautes Alpes. The itinerary, all on a balcony, takes you to the little village of Barret sur Méouge, where a stopover in front of its lively square will be a pure delight. Overnight in an inn in Barret sur Méouge. 5h walk / Altitude: +600 m : -500 m

## Day 4

#### **BARRET - CRÊTES DE CHABRE - LES BEGÜES**

On this day, a beautiful forest walk awaits you. The Montagne de Chabre is a key feature of the Buëch valley landscape, with its long, rocky ridge forming a natural barrier between the Méouge valley to the south and the Céans valley to the

From the Col de la Crousette up to the ridge, a breathtaking view awaits you! It's also a remarkable natural site, classified as a natural zone of ecological, faunistic and floristic interest (ZNIEFF) in the heart of a national forest managed by the

Stop off at the Hôtel des Bégues for a refreshing break by the pool! 5h30 walk / Difference in altitude: +680 m : -580 m

## Day 5

#### LES BEGÜES - ST CYRICE - TRESCLÉOUX

After a short morning transfer (optional, it saves you an hour and a half's walk), you'll reach the other side of the Céans

Departing from the abandoned hamlet of Saint Cyrice, you set off for a day overlooking the famous village of Orpierre and its climbing cliffs, for which this typical Baronnies village is renowned. The end of this largely ridged stage offers superb, unobstructed views over the Buech valley.

Overnight in Trescléoux in a B&B.

5-hour walk / Altitude: +750 m; -850 m

## Day 6

#### TRESCLÉOUX - ROCHER DE BEAUMONT - SERRES

A great day out on one of the valley's major promontories: the Rocher de Beaumont. It's one of the panoramas that covers most of the Dévoluy, the Ventoux and the Monges, all the way to Sisteron! You'll return to Serres, your starting point, from the west. Your luggage will be delivered back to you at the Tourist Office. 5-hour walk / Altitude: +900 m; -900 m

The programme has been drawn up on the basis of the latest information available at the time of writing; unforeseen circumstances are always possible and situations beyond our control may alter the programme.

## The trip

#### LEVEL \*\*

Average level

Average positive altitude difference: 800 m per day Average duration of the stages: 5.5 hours per day

Special difficulties: none

On varied trails and easy medium mountain terrain Maximum altitude of accommodation: between 600 m

Maximum crossing altitude: 600m

This trip requires you to be in good general shape. To prepare, we recommend regular walking, jogging, cycling or another sport. Your physical preparation will make your stay easier and help you enjoy it all the more. Please find the description of the levels by clicking here: <u>levels of difficulty</u>

The roadbook provides sufficient information on the itinerary of your hike. However, it is essential to be able to read an IGN 1:25,000 map and to be sufficiently autonomous in the mountains to be able to tackle the itinerary with confidence, whatever the weather (fog, snow, etc.). Guiding is not included in the self-guided package. You will be crossing areas with no telephone network. For your own safety, you may wish to bring along a radio of the latest generation telephone with satellite connection.

This trip is organised in collaboration with our local partners, who are as committed as we are to providing you with an authentic experience.

#### **ROAD BOOK**

Your road book will be sent to you by post on receipt of payment of the balance of your stay. It includes:

- A route book,
- A set of IGN maps,
- A itinerary sheet with a list of accommodations,
- Luggage tags, if you have booked this option,
- Access to the digital application downloadable onto your smartphone.

For all bookings made less than 3 weeks before departure, paper travel documents cannot be sent. Only the digital version will be made available.

#### ACCOMODATION

COMFORT: in a gîte, auberge or hotel. Double or twin rooms according to your choice and availability. Private bathroom, bed linen and towels provided.

#### **MEALS**

Breakfast and dinner are provided in each accommodation. The food is hearty, adapted to the needs of hikers and often made from local produce. Picnics are not included and can be booked as an optional extra. Otherwise, you can stock up in small local shops.

Please inform us about your food allergies and special diets at the time of booking.

We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

#### INTERNAL TRANSFERS

No transfers, except on day 3 between Laragne and Châteauneuf de Chabre (approx. 10 mins).					

## Practical information

#### ACCESS TO THE STARTING POINT

In Serres before 10am, your bags will be collected from the Tourist Office.

#### **BY TRAIN**

The nearest station is Serres.

Please consult the **SNCF** when you register.

#### BY CAR

In order to plan your journey, we recommend that you obtain information about your itinerary from the various websites: <a href="https://www.viamichelin.fr">www.viamichelin.fr</a> <a href="https://www.mappy.fr">www.mappy.fr</a>.

## **END OF THE STAY**

In Serres on the last day.

#### **INSURANCE**

In accordance with regulations, we are covered by Professional Liability Insurance. Under no circumstances, we can replace your personal civil liability.

The repatriation insurance EURÓP ASSISTANCE that we offer is dedicated to **French speaking people living in Europe**. If it is not your case, we advise you to subscribe to another travel insurance which will cover you in case of injury and repatriation during your trek.

If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

#### **CONTACT US**

If you are late please let us know as soon as possible: +33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07

## Dates & prices

#### **DEPARTURES AND PRICES**

Departures from 15th April to 30th October 2025

#### Without luggage transport

€580 per person in comfort accommodation in a room of 2 people

Single room supplement: €180 per person

Single supplement without luggage transport: €55

#### Luggage transport supplement

Group of 2 to 3: €180 per person Group of 4 to 5: €90 per person Group of 6 or more: €60 per person

Based on one person: €345

#### **Optional extras**

5 picnics: €70 per person

#### THE PRICE

#### Includes:

- Accommodation and half-board from dinner of the 1st day to breakfast of the last day;
- The road book: description and IGN cards (1 complete road book per group);
- The tourist tax;
- Organization and booking fees;
- The transport of luggage, if you have chosen this option;
- Transfer on day 3 between Laragne and Châteauneuf de Chabre.

#### Does not include:

- Lunch picnics;
- Drinks, visits and other personal expenses;
- Cancellation assistance insurance (4.2% of the amount of the stay);
- Your return journey from home to the point of departure/end point.

## Equipment and luggage

#### **EQUIPMENT LIST**

#### Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

#### **Other Equipment**

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Two adjustable and highly walking poles
- Identity card or passport

#### **BACKPACK**

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

#### LUGGAGE TRANSPORT

You are allowed 1 soft, sports type bag, with all your possessions inside, of 12kg maximum per person. Your baggage will be transported daily between accommodation by our logistics vehicle where access is not always easy. Baggage which is too heavy won't be accepted by the drivers, please think of their backs!

# Details



# Registration by mail form

Last name:			
First name:			
Date of birth:			
Address:			
Phone number:			
Mobile phone number:			
Email address:			
Requested tour:			
Number of days:			
Insurance:			
Price:	х	30% =	Deposit
Locality where signed:		Date	
Signature:			

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE