



MATTERHORN PANORAMA

Swiss mountains at their best... with the Matterhorn in the background




Here we are in Switzerland to discover the Valais province famous for its many peaks over 4000m, including the very famous Matterhorn.


Starting at the heart of the Valais vineyards, exploring their amazing irrigation channels running between hills and valleys. The two first days are spent in a charming hotel to relax facing a magnificent Alpine panorama.

Next is the Val d'Anniviers, a traditional high valley at the foot of the "crown of 4000s". Quiet, clean air, breathtaking scenery... a pearl of the Swiss Alps.

Zermatt, the Swiss alpine capital, finally welcomes us in its setting of majestic mountains: The Matterhorn, Monte Rosa, Castor and Pollux are the stars of our alpine getaway.

An eclectic mix enjoying the richness of the Swiss Alps...

 6 Days

 Guided / with a guide

 With or without luggage transportation

 Accommodation : Comfort (room)

 Level : **

 From : 1330€

You will like

- Panorama views of the 4000m peaks of the Valais
- The unexpected and incredible Valais vineyards
- Nature and historic hikes: irrigation paths, pastures, high mountain proximity
- A week of relaxation with spa facilities available 2 nights
- Traditional life in the high alpine valleys and the unmissable Zermatt

The route

Day 1

WELCOME - BISSE D'AYENT

Meeting Sunday at 1.30pm at Sion train station

Welcome meeting by your guide. Departure around 1.45pm by local bus for the hamlet of Arbaz. After passing through the hamlet, the path follows the Ayent bisse, which is followed up to Anzère. Depending on the weather, there is the option of taking the Clavau bisse, which rises gently along the drystone walls amid the Valais vineyards. Arrival at the hotel around 5pm to enjoy the hotel sauna or the nearby Anzère terms. Check-in for 2 nights at the hotel, facing the Valais mountains.

3 hour walk / Elevation: +320m

Day 2

BARRAGE DE TZEUZIER - BISSE DE SION DE D'AYENT

Departure from the hotel to the Tzeuzier dam. Option to walk around the lake depending on the fitness level of the group. Descent via the amazing Bisse of Sion and Ayen (historic irrigation channel), where the spectacular remains of the ancient waterways can be seen. Return to the hotel for a sauna or a tour of the village wine cellars.

5 hour walk / Elevation: +400m -400m

1.5 hour walk / Elevation: +/-150m for the lake tour

Day 3

LAC DE MOIRY - COL DE TSATE

Minibus transfer to the Anniviers valley (45 mins). Depart from the end of the blue-green Lac de Moiry, and cross between the two beautiful glacial lakes of Chateaupré, the outlets of the enormous Lac de Moiry glacier. Climb up to the wild west bank, skirting Lake Bayena and the Lauché mountain pasture, beneath a crown of peaks over 3500m high. Optional ascent to the Col de Tsaté. Descent to the village of Grimentz along the Gougria river. Possibility of descent from the dam by local bus. Check-in for 2 nights at the Grimentz hotel.

4.5 hour walk / Elevation: +300m -950m

2 hour walk / Elevation: +/- 320m

Day 4

BENDOLLA - LAKE LONA

Ascent via the Bendolla cable car. Cross under the pointe de Lona to the wild high plateau of Lona and its lakes. Optional ascent to Sex de Marinda (2906 m). Descent to the emerald lake of Moiry, whose beautiful colour comes from the serpentine rocks that surround it. Transfer by local bus to the hotel.

5 hour walk / Elevation: +700m -550m (+/-100m via Sex de Marinda)

Day 5

EUROPAWEG - ZERMATT

Transfer to Taschalp (1.45 hour transfer). Balcony trail overlooking the valley of Zermatt, with the Matterhorn and its giant glaciers in view. Descent through the pasture hamlets to Zermatt. Night in a hotel in the centre of Zermatt.

4 hour walk / Elevation: +250m -900m

Day 6

SCHWARZSEE - ZMUTT

Ascent by cable car to Schwarzsee, at 2583 m. The descent follows the imposing Matterhorn north face, then reaches the alpine villages... don' miss a visit to the wooden village of Zmutt, with its beautiful, sun-scorched barns.
4.5 hour walk / Elevation: -850m (Schwarzsee)

End of the hike around 3pm at Zermatt train station.

A taxi transfer may be organised by your mountain leader for those requiring transport from Zermatt to Sion (optional).

The trip

LEVEL **

Elevation: +400 to 800m approximately per day.

Walking time: 3 to 5 hours per day.

Type of trek: mountain routes without technical difficulty, accessible to most active people. The walks along the irrigation channels are selected to suit the group. Also, in good weather conditions some more challenging variants may be proposed.

You have to be in a general good fitness level. Please practice a cardio sport such as hiking, running, cycling. Your physical preparation will enable you to enjoy your trek to the maximum.

Please find the description of the levels by clicking here: [levels of difficulty](#)

GUIDING

Number in a group between 6 and 8 people supervised by a qualified professional mountain leader. To thank your guide, it is usual to tip him at the end of the trek, according to your satisfaction. It is not mandatory but, it is very appreciated.

TRANSPORT

Each day, transfers to the departure point will be made with public transport or ski lifts.

Baggage transport between accommodation is provided by private taxi.

ACCOMMODATION

2 nights in 3-star hotel and 3 nights in a 2-star hotel in twin/double rooms (or triple bedroom) with small sauna available by prior arrangement, except on Day 5.

The allocation of nights is subject to change depending on availability.

MEALS

Breakfast and dinner are provided in each accommodation.

Picnics are included and are carefully prepared daily by your mountain leader, comprising a variety of healthy salads and local products.

Please inform us about your food allergies and special diets **at the time of booking**.

We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

MAPS

MATTERHORN MISCHABEL 5006 1/50000

Practical information

ACCESS TO DEPARTURE POINT

Meeting Sunday at 1.30 pm at Sion train station

BY TRAIN

Inbound: depart Gare de Lyon (Paris) at 8.18am arrive in Sion at 1.24pm.

Return: depart Zermatt at 4.37pm arrive in (Paris) Gare de Lyon at 11.42pm.

Times given are indicative and should be verified in a train station or on www.oui.sncf

BY CAR

Take the A40 motorway towards Geneva, then direction Martigny/Sion (Please note the mandatory sticker on Swiss motorways, to be bought at the border and at petrol stations.). Exit Sion Est.

Meet at the CFF train station in the centre of Sion. There is no free long-term parking in Sion. There are a few spaces along the railway line in rue Oscar-Bider / Sion / Valais (or outside the town, to be confirmed with your local guide).

Covered pay car park: Rue du Scex 12, Sion (10 minutes' walk from CFF train station)

End point Saturday around 3pm at the train station in Zermatt. Regular train departures to Sion or a group taxi may be organised by prior arrangement during the week with your mountain leader.

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. Under no circumstances, we can replace your personal civil liability.

The repatriation insurance EUROP ASSISTANCE that we offer is dedicated to French speaking people living in Europe. If it is not your case, we advise you to subscribe to another travel insurance which will cover you in case of injury and repatriation during your trek.

If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

Single supplement, subject to availability: **160€** per person

From 06/07/25 To 11/07/25	Open departure	1330 €
From 13/07/25 To 18/07/25	Full	1330 €
From 20/07/25 To 25/07/25	Last places available	1330 €
From 03/08/25 To 08/08/25	Full	1330 €
From 10/08/25 To 15/08/25	Open departure	1330 €
From 17/08/25 To 22/08/25	Open departure	1330 €
From 24/08/25 To 29/08/25	Open departure	1330 €
From 31/08/25 To 05/09/25	Open departure	1330 €
From 07/09/25 To 12/09/25	Open departure	1330 €

THE PRICE

Includes:

- Organisation and booking fees, guiding by a qualified and insured mountain leader;
- All meals including picnic lunch and simple snacks during the day;
- Accommodation in hotels in twin/double rooms (or triple room for individuals) and tourist taxes;
- Baggage transport between accommodation;
- Bus transfers and lifts (except on Day 6).

Does not include:

- The cable car on Day 6 (Schwarzsee, approx CHF 35/40);
- The return journey to the departure point (Zermatt-Sion) if you came by car (from CHF 30);
- Personal expenses (drinks, touristic visits, etc.);
- Access to thermal baths in Anzère (approx. 25 CHF);
- Cancellation insurance;
- Your return journey from home to the point of departure/end point.

The price is all inclusive from departure to end point.

Equipment and luggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts, bikini/swimsuit
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- Change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

Details

HOW TO REGISTER

- Online: <http://www.altitude-montblanc.com>

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
62 Passage du Nant Devant
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:

First name:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

Requested tour:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

Return with your deposit to:

Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE