

## LEMAN BALCONIES

Between the Alps, vineyards, and exceptional panoramic views around Lake Geneva



A star-shaped hiking trip around Lake Geneva offering an immersion in the Fribourg Pre-Alps, terraced vineyards, and high-altitude alpine landscapes. This program stretches from the panoramic ridges of Gruyère to the viewpoints overlooking Lake Geneva, passing through unspoiled valleys, mountain lakes, and charming villages. The UNESCO-listed vineyards of Lavaux contrast with the wild atmosphere of Lake Taney, while the rocks of Naye and the heights of Leysin reveal vast panoramas of the Alps and Mont Blanc. A balanced trip, combining wild nature, exceptional panoramas, and heritage gems.

7 Days

Self-guided / without guide

Without baggage transportation

Accommodation : Hotel

Level : \*\*

From : 940€

### You will like

- A wide variety of landscapes in a single trip, from the Fribourg Pre-Alps to the Lake Geneva Alps.
- Iconic panoramic hikes, between ridges, high-altitude lakes, and viewpoints over Lake Geneva.
- Immerse yourself in nature and heritage between Lavaux, the Pays d'En-Haut, and Lake Geneva heritage sites.
- The comfort of a star-shaped trip allowing you to hike light every day.
- Spectacular views of Lake Geneva, the Alps, and Mont Blanc.

## The route

### Day 1

#### TOUR OF LAKE GRUYERE

A circular hike starting from Broc, this first day offers an immersion around Lake Gruyère, between forests, lake shores, and Switzerland's largest white willow grove. The route reveals beautiful panoramic views of Moléson, Dent de Broc, and Gibloux, before passing through Corbières and Botterens, renowned for its goat's milk cheeses. Before returning to Gruyère, you can round off this wonderful day with a visit to the Maison Cailler chocolate factory, an institution in French-speaking Switzerland!

4 hours walk / Elevation : +/- 480 m / Distance : 13 km

### Day 2

#### THE MOLESON RIDGE

A hike that allows you to discover the iconic landscapes of the Fribourg mountain pastures as you climb Moléson. Meet in Moléson-sur-Gruyère, where a funicular railway takes you to Plan-Francey, the starting point for a route that passes by the Gros Plané, Villars, and Tremetta chalets. The climb continues along the ridge to the summit, offering sweeping views of the Alps, Lake Geneva, and the Gruyère region, before descending by cable car or on foot.

3 hours walk / Elevation : + 720 m ; - 240 m / Distance : 8 km

### Day 3

#### THE INTYAMON FROM MONTBOVON TO LA BRA

This circular hike starting from Montbovon explores the Fribourg border between heritage and wilderness. After the Sarine River, Lake Lessoc, and the historic remains of the village, the route gradually climbs through forests and alpine pastures to the Brâ chalet, a superb viewpoint over the Intyamon Valley. The descent crosses pastures and forests before reaching Lessoc, with its picnic areas and 17th-century covered bridge, then returns along the lake to Montbovon.

4 hours walk / Elevation : +/- 780 m / Distance : 10 km

### Day 4

#### THE ROCHERS DE NAYE

Today's hike starts at Crêt-d'y-Bau, accessible by rack railway, and leads to Rochers de Naye and then Grande Chaux de Naye. The descent passes through the Naye caves, the Bonaudon pass, and the Jaman bar, offering views of alpine pastures, alpine panoramas, and spectacular views of Lake Geneva. Return to the Riviera by rack railway.

3 hours walk / Elevation : + 750 m ; - 300 m / Distance : 6 km

### Day 5

#### LAVAUX VINEYARDS

Transfer by train to Saint-Saphorin, the starting point for your hike. The route climbs through the vineyards of Lavaux, passing through the region's most famous appellations: Lutry, Villette, Epesses, Saint-Saphorin, Chardonne, Chexbres, Villaz... So many names that have built the reputation of this Riviera hotspot over the centuries. The route ends in Lutry, where you can take a train back to Montreux.

3.5 hours walk / Elevation : + 300 m ; - 280 m / Distance : 12 km

### Day 6

#### THE THREE TOWERS OF LEYSIN

This scenic hike in Leysin takes you past three iconic towers: the Tour d'Aï, the Tour de Mayen, and the Tour de Famelon. The route passes by the lakes of Aï and Mayen, a spectacular field of lapiés, and several mountain refreshment

stands. The final climb to La Berneuse offers views of Mont Blanc, Lake Geneva, and the Rhône Valley, before a varied descent through alpine pastures, meadows, and forest to Feydey station.

4.5 hours walk / Elevation: +/- 670 m / Distance : 11 km

## Day 7

### TANEY LAKE

This alpine hike leads to Lake Taney, nestled in the heart of a preserved nature reserve overlooking the Rhône Valley. From the village of Miex, accessible by bus, the route crosses forests and mountain pastures to the lake, surrounded by flower-filled meadows and dominated by the peaks of Les Jumelles and Le Grammont. The return journey takes you via the Taney mountain pasture and the Taney pass, before a winding descent through the forest, offering beautiful views of Lake Geneva.

4.5 hours walk / Elevation : + 510 m ; - 600 m / Distance : 8 km

**End of the hike around 2.30 pm in Miex.**

# The trip

## LEVEL \*\*

Elevation gain: +/- 400 to 700 m on average per day.

Walking time: 3 to 5 hours per day.

Type of hike: mountain route with no particular technical difficulty, accessible to most people.

Staying in the same hotel throughout the week allows you to rest for a day if needed.

This trip requires good overall fitness. Your physical preparation will make your trip easier and allow you to enjoy it even more. To prepare, we recommend regular walking, jogging, cycling, or another sport. You can consult the different levels of hiking [here](#).

The roadbook provides sufficient information on the itinerary of your hike. However, it is essential to be able to read an 1:50,000 map and to be sufficiently autonomous in the mountains to be able to tackle the itinerary with confidence, whatever the weather (fog, snow, etc.). Guiding is not included in the self-guided package.

You will be crossing areas with no telephone network. For your own safety, you may wish to bring along a radio or the latest generation telephone with a satellite connection.

## TRANSPORT

Every day, transfers to the hikes will be made using public transportation in the region: buses, funiculars, and regional trains.

## ACCOMMODATION

3 nights in a 3-star hotel and 3 nights in a 2-star hotel, in double or twin rooms.

Single supplement available, please contact us.

The trip is based around two charming accommodations, located in the heart of the Pays d'Enhaut and the Riviera, offering two complementary atmospheres. In the Pays d'Enhaut, the medieval and pre-Alpine atmosphere invites you to enjoy a gentle and authentic lifestyle, while on the shores of Lake Geneva, the elegance of the Riviera blends with the landscapes of the lake and the Alps. These ideally located accommodations allow you to explore a variety of itineraries each day while enjoying comfort, conviviality, and a setting that is emblematic of French-speaking Switzerland.

## MEALS

Breakfast is served at the hotel. For lunch, you can take advantage of local shops near your accommodation or restaurants along your itinerary. For dinner, your accommodation offers several options and there are many restaurants nearby.

## MAPS

Switzerland official hiking map 3380T Lavaux

Switzerland official hiking map 3302T Château-d'Oex

Switzerland official hiking map 3317T Diablerets

# Practical information

## ACCESS TO DEPARTURE POINT

### Departure of the trip from Gruyères.

#### BY TRAIN

Getting to the starting point: regular trains from Paris to Geneva, then from Geneva to Gruyères.

Returning from the end of the trip: regular trains from Montreux to Geneva, then from Geneva to Paris.

*Times given are indicative and should be verified in a train station or on [CFF](#)*

### End of the hike in the afternoon in Montreux.

#### BY CAR

To get there, take the A40 motorway towards Geneva, then towards Lausanne (A1), then Vevey (A9) before heading towards Gruyères (E27) (please note that the sticker required for Swiss motorways must be purchased at the border and at gas stations).

For the return journey, take the A9 motorway towards Lausanne, then the A1 to Geneva.

## ACCOMMODATION BEFORE AND AFTER YOUR STAY

**Upon request, we can reserve a room for you before and/or after your visit.**

## INSURANCE

In accordance with regulations, we are insured for Professional Civil Liability. Under no circumstances can we replace your Personal Civil Liability. If you have chosen the EUROP ASSISTANCE repatriation insurance that we offer, Altitude Mont Blanc acts solely as an interface between the customer and the insurer. We cannot influence either party. We adhere to strict terms and conditions of sale. You are responsible for complying with the procedures for reporting any claims.

Before making any decision, contact EUROP ASSISTANCE.

## CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07**

## Dates & prices

### DEPARTURES AND PRICES

**Departures from 14th may to 15th october 2026**

**940€** per person based on 2 persons.

Single supplement, subject to availability: 220 €per person.

**Information and reservation online, by email or by phone.**

### THE PRICE

Includes:

- Accommodation with half-board formula from the night on the first day to the breakfast on the last day;
- 1 road book file (paper) for a group of 1 to 4 people and the digital version to download for each participant; additional paper road book on request;
- Booking fees;
- Tourist tax.

Does not include:

- Dinners and lunchtime picnics;
- A guide (you are responsible for your own safety);
- Personal expenses (drinks, visits...);
- Transfers done with your own car, by regular buses or trains ;
- Cancellation assurance.

**The rate is all inclusive from the meeting point to the point of dispersion.**

# Equipment and luggage

## EQUIPMENT LIST

### Clothing

- Walking trousers
- Shorts, bikini/swimsuit
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- Change of clothes for the evening
- A pair of comfortable shoes for the evening

### Other Equipment

- Toilet bag
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Two adjustable walking poles (highly recommended)
- Identity card or passport

## BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

## Details

### HOW TO REGISTER

- Online: <http://www.altitude-montblanc.com>

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc  
62 Passage du Nant Devant  
74110 MONTRIOND  
FRANCE

Please specify whether you wish to take out an optional cancellation insurance.

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 35% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.

## Registration by mail form

Last name:

First name:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

Requested tour:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

Return with your deposit to:

Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE