

SNOWSHOEING IN THE HIGHLANDS OF VERCORS

Huts and pulkas under the sun of the Vercors



In the heart of the Vercors Regional Natural Park, explore the wild area of the Vercors Highlands. Perched at an average altitude of 1600 m, this reserve, the largest in metropolitan France, is a formidable playground for those who want to go on an adventure in complete safety.

The snow is exceptional all winter, the relief is mild which allows you to navigate in total serenity in a preserved natural space, in the heart of nature.

You will make your own trace, from refuge to refuge, in an environment perfectly adapted to the practice of snowshoeing. Your guide will always be at your side to guide you through these vast white and wild places for a long weekend. This route is ideal for those who want to prepare for the great Nordic raids of the Scandinavian countries or simply to enjoy good times in the largest natural reserve in France.

4 days	Guided / with a guide	Without baggage transport
Accommodation : Refuge	Level: ***	⊘ From : 485€

You will like

- Hike safely in the largest nature reserve in France.
- Refuges located in exceptional settings.
- An ideal terrain to prepare for major Nordic raids.

The route

Day 1

Meeting at 2.30 pm on the first day at your accomodation in Rousset en Vercors.

ROUSSET EN VERCORS

You guide welcomes you at your accommodation in Rousset en Vercors, at the foot of the nature reserve of the Vercors highlands. Check of your equipment, snowshoes, pulkas, bags. First short walk to test the equipment. Diner and night in a cosy accommodation at Rousset en Vercors.

1 to 2 hours walk / 3 to 5 km / Elevation: +150m -150m

Day 2

HIGHLANDS OF VERCORS - REFUGE OF PRE GRANDU

Departure for a mini-expedition with snowshoes and pulkas to the refuge of Pré Grandu, hut provided for hikers. We cross the highlands of the Vercors, where some beautiful panoramas allow us to become fully aware of the extraordinary nature that surrounds us.

Diner and night in the rustic refuge of Pré Grandu on the highlands. You carry all your luggage. 5 to 6 hours walk / Elevation: +380m -400m

Day 3

REFUGE OF PRE GRANDU - THE HIGHLANDS - REFUGE OF CHAUMAILLOUX

We continue our crossing of the Vercors highlands, in the heart of the reserve. The landscape opens up even more as we approach the southern part of the Highlands, the sheepfold of Peyre Rouge in the footsteps of the City, sublime landscapes confirm us that we are in the heart of the reserve. End of the day in apotheosis, in the footsteps of the Aiguille, facing Mont Aiguille, one of the 7 wonders of the Dauphiné.

Diner and night in the rustic refuge of Chaumailloux. You carry all your luggage.

5 to 6 hours walk / Elevation: +400m -150m

Day 4

REFUGE OF CHAUMAILLOUX - COL DU PISON - COL DE ROUSSET

Beautiful crossing east-west to the Col du Pison, via the sheepfold of Jas Neuf. We reach Pré Peyret by the mountains of the Tête du Pison, 1757 m, by one of the routes your guide has the secret. Here is the last climb to the Pas des Econdus and it is a nice descent that leads us to the parking lot of Beure, the end of our hike.

4 to 5 hours walk / Elevation: +330m -530m

End of the treck in the middle of the afternoon.

The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc.

The trip

LEVEL ***

Elevation: +/- 400m approximately per day.

Walking time: 4 to 6 hours per day.

Type of trek: this tour is not technically difficult and is open to children from 12 years.

ACCOMODATION

3 nights in a dormitory

First night in a gite in Rousset in Vercors, then two nights in unguarded refuges.

In these unguarded, rustic, but warm refuges, the toilets are outside in Pré Grandu, in nature in Chaumailloux, and you have to melt the snow or transport water to make yourself a meal and possibly make a bit of toilet! Wipes are also a good compromise. Solidarity among all members of the group is a guarantee of success. When we get to the huts, we have to make a fire (the wood is on site) to warm up, but the hut is quite small and very quickly hot.

MEALS

Breakfast, dinner, lunch picnic and snacks included.

In the gite in Rousset-en-Vercors, the group is in half board; in the refuges not guarded, the dinner is made by the group and the guide. Help is always welcome.

For lunch, your guide prepare a picnic, usually consisting of a variety of salads and regional products.

MAPS

IGN Top 25: 3136 ET, 3236 OT, 3235 OT

Practical information

ACCESS TO DEPARTURE POINT

Meeting at 2.30 pm on the first day at your accomodation in Rousset en Vercors.

BY CAR

Access by Valence then Die.

From Die, drive to the Col de Rousset.

Special equipment (snow tires, snow chains or socks, etc.) are mandatory from 1 November 2021. Practice putting them on before you go.

You leave your car in the parking of Beure or at the Col du Rousset on day 2. You get it back at the end of your stay.

BY TRAIN

Train station in Die then taxi.

CLOSEST AIRPORTS

Lyon (LYS) 2h by car to Rousset en Vercors

End point at 4pm at the parking of Beure or at le Col de Rousset.

CONTACT US

If you are late please contact the agency as soon as possible: +33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07

Dates & prices

Optional:

- Snowshoes and sticks rental: 45€
- Transfer to and from Die Station on J1 and back on J4 to the accommodation (3 mini and 7 max participants): 75€/ person

THE PRICE

The price includes:

- Organisation and booking fees, guiding by a qualified and insured mountain leader;
- All meals including picnic lunches and simple snacks during the day;
- Accommodation in gîtes and refuges, including the tourist tax;
- Lending pulkas to carry your luggage.

The price does not include:

- The equipment rental (snowshoes, sticks);
- Personal expenses (drinks, etc.);
- Touristic visits;
- Cancellation insurance;
- Your return journey from home to departure/end point.

The price is all inclusive from departure to end point.

Equipment and baggage

EQUIPMENT LIST

Clothing

- Waterproof ski or winter walking trousers
- Wind stopper or Goretex jacket
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Insulating down jacket
- 2 pairs of ski gloves and a warm hat
- Walking socks (1 pair per day)
- Sturdy waterproof walking boots

Snowshoeing equipment

- Snowshoeing in good condition
- Two snowshoeing (or ski) poles

Other Equipment

- A warm sleeping bag but not too big (think you will carry it); both refuges are heated by the wood stove, but it can be cool in the early morning
- Rucksack maximum 30 liters capacity
- Towels and toilet paper
- Sunglasses and ski mask
- Sun cream
- Water bottle and Camelback (1.5 litre minimum)
- Knife and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- A flashlight or headlamp
- Candle, matches or lighter
- Survival blanket
- Identity card or passport

SNOWSHOEING HIRING

If you do not have your own equipment, we can rent you a pair of high-performance «Inook» snowshoes. Their fixing system adapts to all types of shoes (if you have a doubt, call us). To complete the equipment we offer ski poles. Must be specified at the time of registration.

Rental price «snowshoes + sticks»: 45€

BAGGAGE TRANSPORT

You carry your belongings in pulkas (Scandinavian sledges) and drawn by the participants; we plan a pulka for 2 to 4 people to draw alternately. The pulka slides over the snow and requires less effort than wearing a loaded backpack. The weight of personal belongings in the pulkas must not exceed 8 kg per person.

You also carry your backpack (30 liters max) in which you will have your belongings of the day (a warm garment, a rain cape, a canteen, box and cutlery for the picnic, sun protection and identity papers) and some room to carry a picnic.

Details

HOW TO REGISTER

- By internet: www.altitude-montblanc.com

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc 62, passage du Nant devant 74110 MONTRIOND FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4,2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc

('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (inc. maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:			
PRENOM:			
Date of birth:			
Address:			
Phone number:			
Mobile phone number:			
Email address:			
SEJOUR DEMANDE:			
Number of days:			
Insurance:			
Price:	x 30%	% =	Deposit
Locality where signed:		Date	
Signature:			

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE