SNOWSHOEING ACROSS QUEYRAS

The vast mountain pastures of Queyras under the snow

A stunning tour to discover amazing panoramas and cosy hamlets : Bucher summit, hamlet of Souliers, mountains chalets of Clapeyto, Pres Fromage pass, ridges of the Glaisettes, Lake Roue... One night in a refuge nestled at the foot of a montain between France and Italy. Come discover local products during this wild and greedy hike in the heart of Queyras.

- 6 Days
- Guided / with a guide
- With or without luggage transportation
- Accommodation : Classic (dormitory)
- Level : **
- From : 720€

You will like

- A tour to discover the most beautiful landscapes of Queyras
- One night in a shelter to get closer to nature
- The pleasure of snowshoeing across traditional villages with great cultural heritage

The route

Day 1

MOLINES-EN-QUEYRAS - COL DES PRÉS FROMAGE - SOMMET BUCHER - SAINT-VÉRAN
Meet at Montdauphin train station at 9am (in hiking gear). Transfer to the Queyras region in the Aigue valley, meet your guide, get your equipment and take your picnics for the day. Starting from the hamlet of La Rua, the objective is just above: Col des Près Fromage. In summer, this is a paradise for herds of cows enjoying the green grass of the larch undergrowth, but at this time of year, the immaculate whiteness of the landscape is a wonderful sight. You can take the alternative route to the Bucher summit, at the heart of Queyras, with its 360° panoramic view over the surrounding valleys and peaks. Descent to La Chalp. Then climb up to the village of Saint-Véran.
5.45 hour walk / Elevation : + 850m ;- 750m

Day 2

VISITE DE SAINT-VÉRAN - VALLÉE DE LA BLANCHE - REFUGE DE LA BLANCHE
In the early morning, prepare your backpack for 2 nights in the refuge. A 20-litre bag (provided by the organisation and suitable for transport by snowmobile) will be carried to the refuge so that you can make the most of the day. Later in the morning, a visit to Europe's highest village is a must! In the narrow streets, where the sun is already shining, you can admire the architectural features that these small mountain people built to survive the endless winters of the past. You then leave Saint-Véran and head up towards the Italian border, via the Chapelle de Clausis, a true ‘mountain lighthouse’ in this wide valley. This easy route will allow you to appreciate the beautiful natural heritage of the Queyras Natural Park. Check-in at "refuge de La Blanche" for two nights.
5 hour walk / Elevation : +550 m ; -100 m

Day 3

PANORAMIC BORDER CRESTS OVER ITALY
From the refuge, in the heart of the wide Blanche valley, there are many hiking options. Today's objective is to climb to the "Col de Saint Véran', 400 m higher up, to admire the panorama of this famous region of Piedmont, with Mont Viso as a backdrop. Then, a beautiful, wild descent through the Lac Blanchet valley. Tête des Toilies, an impressive peak overlooking the refuge, takes on a whole new look - it's truly enchanting! A pleasant descent to the refuge, where a cosy fire awaits you.
4.5 hour walk / Elevation : +500m ; -500 m

Day 4

REFUGE DE LA BLANCHE - COL DU LONGET - PONT DE LARIANE - PRATS-HAUTS
After a night at an altitude of over 2,500 m, off to the neighbouring Aigue Agnel valley. On the hillside, you'll reach the 'Col de Longet', nestling at the foot of the 'Pic de Chateaurenard', at an altitude of over 2700m. Take one last look over the 'Vallée de la Blanche' to reach the more Nordic atmosphere of the 'Vallon d'Agnel'. Transfer from the Ariane bridge to the lovely hamlet of Souliers.
5 hour walk / Elevation : +450m ; -800 m

Day 5

SOULIERS - COL TRONCHET - ARVIEUX
A quite different atmosphere in the western part of the Queyras. The village of Souliers is a true living museum, a hamlet where the pastoral tradition is still very much alive. The Humbert family, who populate a large part of Souliers, is a well-known figure in the Queyras. Take a stroll through the village, where the smell of the barns, mingled with the smell of the fireplace, will take you back to ancient times. Leaving Souliers, take the 'Col du Tronchet' over the Arvieux valley for a beautiful day in the forest.
5.5 hour walk / Elevation : +620m ;- 550 m

Day 6

CLAPEYTO MOUNTAIN CHALETS

The Clapeyto alpine pasture, nestling at the foot of the Izoard pass, is an enchanting place where calm rules supreme. In this quiet atmosphere, make your way through the small hamlets full of history. An experience not to be forgotten. Descend to Brunissard and then disperse.

5.5 hour walk / Elevation : +550m ; -550 m

The trip

LEVEL **

Medium level
Elevation : between 1400 m to 2500 m
Altitude of accommodation: on average 1700 m
Walking time : approximately 5 hours per day
Average positive elevation: 600 m per day
Maximum elevation: 800 m
Maximum altitude of passage: 2500 m
Type of terrain : medium montain adapted to snowshoeing. Forest tracks and trails.

The tour has been developed along with our local partners who are very mindful about organising an authentic journey.

GUIDING

Group from 4 to 15 people supervised by a qualified montain leader.

ACCOMMODATION

5 nights in a cosy gite, in dormitories from 4 to 12 people.
Hot shower every day.
Optional double room each night (depending on availability) : extra cost of 25€/ person/ per night.

Practical information

ACCES TO DEPARTURE POINT

Meeting with your guide at 9am at Montdauphin-Guillestre train stration.
A shuttle picks you up at 9am (you must be ready for trekking).

BY TRAIN
In option, meet the day before at 6.30pm at Montdauphin-Guillestre's train stration.
For those who want to arrive quietly the day before, we welcome you the day before 6.30pm at Montdauphin-Guillestre train stration, transfer to your accommodation with half-board in a shared room (max 4 people) : 85€/pers.

BY CAR
Please note that snow equipment is required across the department between 01/11 and 31/03: snow chains or snow tyres.
You can plan your route using mappy.com or viamichelin.com.
Parking: Ville Vieille Tourist Office (opposite the petrol station). Call us to arrange a transfer to your accommodation (shuttle bus at 4pm, 5pm or 6pm).

CAR-SHARING
Here are some websites dedicated to car-sharing :
https://www.laroueverte.com/ https://www.roulezmalin.com/ https://www.blablacar.fr/

End point : Saturday around 5pm, then you get a bus at 6:30pm to go to the train station (about 10€ without booking).

ACCOMODATION BEFORE AND AFTER YOUR STAY

Chalet Vie Sauvage at Prat Hauts. From 60€/ pers. in a room to share (max 4 people) including half-board. 65€/ pers. in a room for 2, including half-board. 85€/ pers. in a single room including half-board. 04 92 46 71 72.

CONTACT US

If you are late please let us know as soon as possible : **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

Option bedroom for 2 people: **supplement of 25€ per day per person** (subject to availability).

Option Pack Train Day: meeting the day before departure at 6.30pm at the train station of Montdauphin and transfer to your accommodation in half board, in bedroom of 4 people. Transfer the next day to the starting point : **85€ per person.**

From 22/12/24 To 27/12/24	Guaranteed departure	**720 €**
From 29/12/24 To 03/01/25	Guaranteed departure	**790 €**
From 05/01/25 To 10/01/25	Guaranteed departure	**720 €**
From 12/01/25 To 17/01/25	Guaranteed departure	**720 €**
From 19/01/25 To 24/01/25	Guaranteed departure	**740 €**
From 26/01/25 To 31/01/25	Guaranteed departure	**740 €**
From 02/02/25 To 07/02/25	Guaranteed departure	**740 €**
From 09/02/25 To 14/02/25	Guaranteed departure	**740 €**
From 16/02/25 To 21/02/25	Guaranteed departure	**740 €**
From 23/02/25 To 28/02/25	Guaranteed departure	**740 €**
From 02/03/25 To 07/03/25	Guaranteed departure	**740 €**
From 09/03/25 To 14/03/25	Guaranteed departure	**740 €**
From 16/03/25 To 21/03/25	Guaranteed departure	**740 €**
From 23/03/25 To 28/03/25	Guaranteed departure	**740 €**
From 30/03/25 To 04/04/25	Open departure	**740 €**

THE PRICE

The price includes:

- Costs of organisation and guidance by a qualified mountain leader;
- Luggage transport;
- Snowshoes, telescopic poles and safety equipment (arva, shovel and probe);
- Full-board accommodation from lunch on day 1 to lunch on day 6 (except drinks);
- Local taxes.

The price does not include:

- Cancellation & repatriation insurance;
- Personal expenses (drinks, etc.) ;
- Touristic visits ;
- Your go and return journey from home to the point of departure / end point.

Equipment and luggage

EQUIPMENT LIST

Material for snowshoeing (snowshoes and poles) is provided. However, if you have your own and would like to use them you are free to do so. Avalanche safety equipment including (transceiver, shovel and probe) is also provided.

Clothing

- Waterproof ski or winter walking trousers
- Wind stopper or Goretex jacket
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Insulating down jacket
- 2 pairs of ski gloves and a warm hat
- Walking socks (1 pair per day)
- Sturdy waterproof walking boots
- Extra shoes for the evening
- gaiters

Other Equipment

- Rucksack minimum 35 litre capacity
- Sunglasses and ski mask
- Sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Slepping bag liner
- Towel
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Identity card or passport

LUGGAGE TRANSPORT

You must pack all of your belongings in 2 bags: 1 backpack and 1 large flexible travel bag. The latter should contain the rest of your belongings. It will be transported by vehicles every day.

Luggage specifics:
Provide a resistant flexible bag. Airplane type suitcases or wheeled suitcases are not recommended. In winter, access to lodges or shelters can be tricky, so remember to limit the belongings to be transported (10 kg max).
A bag with a capacity of approximately 20L will be lent to you to transport your necessary for 2 nights at the Blanche refuge (by snowmobile).

Details

HOW TO REGISTER

- By internet: http://www.altitude-montblanc.com

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
180, route du lac
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc
('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.

Registration by mail form

Last name:

First name:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

Requested tour:

Number of days:

Insurance:

Price: x 30% = Deposit

Locality where signed: Date

Signature:

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE