



SNOWSHOEING ACROSS QUEYRAS


Discovering hamlets and pastures of Queyras under the snow




A stunning tour to discover amazing panoramas and cosy hamlets : Bucher summit, hamlet of Souliers, mountains chalets of Clapeyto, Pres Fromage pass, ridges of the Glaisettes, Lake Roue... One night in a refuge nestled at the foot of a mountain between France and Italy. Come discover local products during this wild and greedy hike in the heart of Queyras.

 6 days

 Guided / with a guide

 With or without baggage transport

 Accommodation : Classic (dormitory)

 Level : **

 From : 590€

You will like

- A tour to discover the most beautiful landscapes of Queyras
- One night in a shelter to get closer to nature
- The pleasure of snowshoeing across traditional villages with great cultural heritage

The route

Day 1

MOLINES-EN-QUEYRAS - COL DES PRÉS FROMAGE - SOMMET BUCHER - SAINT-VÉРАН

Welcoming at Montdauphin train station at 9 am (you need to be ready for the hike).

Transfer to Queyras, in the Aigue valley, presentation with your guide, distribution of equipment and picnics for the day. Leaving from the hamlet of La Rua, the objective is just above: the Col des Près Fromage. Summer is a paradise for herds of cows who appreciate the green grass of the larch undergrowth, but in this season, the immaculate whiteness offers a magnificent spectacle. Variation possible up to Sommet Bucher which sits in the heart of Queyras ... from up there, 360 ° panorama over the various valleys and summits which form the pillars of this valley. Descent to La Chalp. Then climb to the village of Saint-Véran.

5.45 hour walk / Elevation : + 850m :- 750m

Day 2

VISITE DE SAINT-VÉРАН - VALLÉE DE LA BLANCHE - REFUGE DE LA BLANCHE

In the early morning, preparation of bags for 2 nights in a refuge. A 20L bag (provided by the organization and transportable by snowmobile) will be transported to the refuge. Later in the morning, visit of the highest village in Europe! You will appreciate the architectural curiosities that the mountain people built to deal with the endless winters. Then go up towards the Italian border, passing by the Chapel of Clausis. This easy route will be an opportunity to appreciate the magnificent natural heritage of the Queyras Natural Park. Installation at the Blanche refuge for two nights.

5 hour walk / Elevation : +550 m ; -100 m

Day 3

PANORAMIC BORDER CRESTS OVER ITALY

From the refuge, in the heart of the large valley of the Blanche, the options for walks are numerous and of a very easy level. Today's goal is to climb to the Col de Saint Véran, 400 m higher, to admire the panorama of this famous Piedmont, with Mount Viso as a backdrop. Then, beautiful wild descent through the valley of the Blanchet lakes. The Tête des Toillies, an impressive peak overlooking the refuge, then takes on a whole new look, a real delight! A fun descent to the refuge, a warm fireplace awaits you.

4.5 hour walk / Elevation : +500m ; -500 m

Day 4

REFUGE DE LA BLANCHE - COL DU LONGET - PONT DE LARIANE - PRATS-HAUTS

After a night at an altitude of more than 2,500 m, departure for the next valley: the Aigue Agnel. On the hillside, reach the Col de Longet, nestled at the foot of the Pic de Chateaurenard, at an altitude of over 2700 m. Last glance over the Blanche valley to join the more Nordic atmosphere of the Agnel valley. Transfer from the Ariane bridge to the pretty hamlet of Souliers.

5 hour walk / Elevation : +450m ; -800 m

Day 5

SOULIERS - COL TRONCHET - ARVIEUX

Another atmosphere for this day in the western part of Queyras. The village of Souliers is a living museum, a hamlet where the Queyrassine pastoral tradition is still most present. The Humbert family who populate the large part of the village is an essential figure of Queyras. Do not hesitate to stroll in the village where the smell of the stables mixed with that of the chimney fires, it will plunge you into ancestral times. Departing from Souliers, go to Arvieux valley via Col du Tronchet ... beautiful day in the forest.

5.5 hour walk / Elevation : +620m ; - 550 m

Day 6

CLAPEYTO MOUNTAIN CHALETS

Today, you will see only white and... white. Alpine pasture of Clapeyto is nested at the foot of Izoard pass. That's a quiet and charming place, shaped by all the little montain chalets. A unique experience. Going down to Brunissard and end of the stay.

5.5 hour walk / Elevation : +550m ; -550 m

The trip

LEVEL **

Medium level

Elevation : between 1400 m to 2500 m

Altitude of accommodation: on average 1700 m

Walking time : approximately 5 hours per day

Average positive elevation: 600 m per day

Maximum elevation: 800 m

Maximum altitude of passage: 2500 m

Type of terrain : medium montain adapted to snowshoeing. Forest tracks and trails.

The tour has been developed along with our local partners who are very mindful about organising an authentic journey.

GUIDING

Group from 4 to 15 people supervised by a qualified montain leader.

ACCOMMODATION

5 nights in a cosy gite, in dormitories from 4 to 12 people.

Hot shower every day.

Optional double room each night (depending on availability) : extra cost of 15€/ person/ per night.

Practical information

ACCES TO DEPARTURE POINT

Meeting with your guide at 9am at Montdauphin-Guillestre train station.

A shuttle picks you up at 9am (you must be ready for trekking).

BY TRAIN

In option, meet the day before at 6.30pm at Montdauphin-Guillestre's train station.

For those who want to arrive quietly the day before, we welcome you the day before 6.30pm at Montdauphin-Guillestre train station, transfer to your accommodation with half-board in a shared room (max 4 people) : 70€/pers.

BY CAR

From Grenoble, 2 routes are possible to go to Guillestre :

- Via Gap

- Via the Lautaret mountain pass and Briançon.

You can leave your car at the train station or go up to Prat Hauts : from Guillestre, go to Château-Queyras and then follow Molines - Saint-Véran up to Molines. At the entrance of Molines take left to Italy and when you are in the city center, take left to "Chalet Vie Sauvage". When you reach Gaudissard, take left one more time and continue up to Prats Hauts (2,5 km). Parking available.

To plan your journey, please visit :

www.viamichelin.fr

www.mappy.fr

Be careful : Izoard, Agnel and Galibier's mountain passes are closed in the winter. Some websites or GPS want you to go this way but this is impossible. As well, do not take the Fréjus' tunnel or Oulx which are much longer and more expensive. Please call 04 92 24 44 44 (answerphone) to know if the mountain pass is open.

CAR-SHARING

Here are some websites dedicated to car-sharing :

<https://covoituragelibre.fr/> <https://www.laroueverte.com/> <https://www.roulezmalin.com/> <https://www.blablacar.fr/>

End point : Saturday around 5pm, then you get a bus at 6:30pm to go to the train station (about 10€ without booking).

ACCOMODATION BEFORE AND AFTER YOUR STAY

Chalet Vie Sauvage at Prat Hauts. From 60€/ pers. in a room to share (max 4 people) including half-board. 65€/ pers. in a room for 2, including half-board. 85€/ pers. in a single room including half-board. 04 92 46 71 72.

CONTACT US

If you are late please let us know as soon as possible : **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

Option bedroom for 2 people: supplement of 25€ per day per person (subject to availability).

Option Pack Train Day: meeting the day before departure at 6.30pm at the train station of Montdauphin and transfer to your accommodation in half board, in bedroom of 4 people. Transfer the next day to the starting point : **70€ per person.**

THE PRICE

The price includes:

- Organisation and guiding by a qualified and insured mountain leader ;
- Snowshoes, poles and avalanche equipment ;
- All meals from lunch on day 1 to lunch on day 6 ;
- Luggage transport ;
- Accommodation and taxes.

The price does not include:

- Cancellation insurance (4.2% of the tour price) ;
- Personal expenses (drinks, etc.) ;
- Touristic visits ;
- Your go and return journey from home to the point of departure / end point

Equipment and baggage

EQUIPMENT LIST

Material for snowshoeing (snowshoes and poles) is provided. However, if you have your own and would like to use them you are free to do so. Avalanche safety equipment including (transceiver, shovel and probe) is also provided.

Clothing

- Waterproof ski or winter walking trousers
- Wind stopper or Goretex jacket
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Insulating down jacket
- 2 pairs of ski gloves and a warm hat
- Walking socks (1 pair per day)
- Sturdy waterproof walking boots
- Extra shoes for the evening
- gaiters

Other Equipment

- Rucksack minimum 35 litre capacity
- Sunglasses and ski mask
- Sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Sleeping bag liner
- Towel
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Identity card or passport

LUGGAGE TRANSPORT

You must pack all of your belongings in 2 bags: 1 backpack and 1 large flexible travel bag. The latter should contain the rest of your belongings. It will be transported by vehicles every day.

Luggage specifics:

Provide a resistant flexible bag. Airplane type suitcases or wheeled suitcases are not recommended. In winter, access to lodges or shelters can be tricky, so remember to limit the belongings to be transported (10 kg max).

A bag with a capacity of approximately 20L will be lent to you to transport your necessary for 2 nights at the Blanche refuge (by snowmobile).

Details

HOW TO REGISTER

- By internet: <http://www.altitude-montblanc.com>

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
180, route du lac
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.

Registration by mail form

Last name:

PRENOM:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

SEJOUR DEMANDE:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE