





IGLOO WEEKEND IN THE ABONDANCE VALLEY


Total break from reality for an unusual weekend!



Admit it - the child inside you love the idea! Like Jack London on ice, build your dream igloo with your own hands. It's not a three-bedroom house but inside your insulated snow shelter the night will be calm with a cosy atmosphere! Adding to this snowy adventure... beautiful energising snowshoe walks.

 2 days

 Guided / with a guide

 With or without baggage transport

 Accommodation : Bivouac

 Level : *

 From : 295€

You will like

- Build your own igloo
- Watch chamois in the snow
- An unusual night for an unforgettable experience !

The route

Day 1

Meeting point at 9:45am in front of the Tourist Office in Abondance.

IGLOO BUILDING

Transfer to the departure point. Equipment checking and snowshoe to the lake of Plagnes in Abondance. About two hours climb to Lei where igloos will be built, at the pasture of Lens. Picnic lunch and igloo building with everyone's participation. Cheese fondue around the camp fire in the evening, and night in the igloo. Depending on snow conditions and in case of bad weather it is possible to shelter in a mountain chalet.

2.5 hour walk / Elevation: +350m

Day 2

COL DE BASSACHAUX

Loop walk to the Col de Bassachaux with stunning views of the Swiss Alps and Lake Geneva with potential chamois and mouflon sightings. Return to the igloos around 1:30pm for a picnic and descend to Abondance around 4:30pm.

4.5 hour walk / Elevation: +350m -600m

End point around 4:30pm in Abondance.

The trip

LEVEL **

Elevation: +/- 400m approximately per day.

Walking time: 2 to 4 hours per day.

Type of trek: this snowshoeing tour is not difficult but you need to be resistant to the cold.

GUIDING

Number in a group between 6 and 14 people supervised by a qualified professional mountain leader.

ACCOMMODATION

The area is limited in an igloo, it is essential to carry the strict minimum for your baggage.

To have in mind: the average temperature in an igloo is between 0°C et +5°C.

1 night only is spent in an igloo (or mountain chalet).

In case of bad weather, your guide may decide to accommodate the group in the mountain chalet.

MEALS

Breakfast and cheese fondue around the camp fire in the snow or in a mountain chalet.

Picnics are included and are carefully prepared by your mountain leader.

MAPS

IGN Top 25 - 3528 ET Morzine and 3530 ET Samoëns (1/25 000)

Practical information

ACCESS TO DEPARTURE POINT

Meeting point at 9:45am in front of the Tourist Office in Abondance.

BY TRAIN

Inbound: depart Gare de Lyon (Paris) the day before at 7:11pm arrive in Thonon at 11:19pm.

Return: depart Thonon at 6:32pm arrive in (Paris) Gare de Lyon at 10:49pm.

Times given are indicative and should be verified at a train station or at

www.oui.sncf

BY BUS

www.sat-leman.com/horaires-des-lignes

BY CAR

Take the A40 motorway to Annemasse, then direction Thonon-Evian. Follow Morzine-Châtel to arrive in Abondance.

End point Sunday afternoon around 4:00pm.

ACCOMMODATION BEFORE AND AFTER

Hôtel de l'Abbaye: +33 (0)4 50 73 02 03

Abondance Tourist Office: +33 (0)4 50 73 02 90

www.abondance.org

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. In no case can we be responsible for your own Personal Liability. If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

CONTACT US

If you are late please contact the agency as soon as possible: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

Guaranteed departure from 4 persons.

Custome made prices for constituted groups, contact us!

THE PRICE

The price includes:

- Organisation and booking fees ;
- Guiding by a qualified and insured mountain leader ;
- All meals including picnic lunch and simple snacks during the day ;
- Accommodation in an igloo (or mountain chalet just in case...) ;
- Snowshoes, poles and avalanche equipment ;
- Transfer from Morzine or Thonon to accommodation location ;
- Taxes.

The price does not include:

- Cancellation insurance (4.2% of the tour price) ;
- Personal expenses (drinks, etc.) ;
- Touristic visits ;
- Your return journey from home to the point of departure/end point ;
- Airport taxes ;
- Other exclusions clearly described within the corresponding technical sheet.

The price is all inclusive from departure to end point.

Equipment and baggage

EQUIPMENT LIST

Material for snowshoeing (snowshoes and poles) is provided. However, if you have your own equipment and would like to use it you are free to do so. Avalanche safety equipment including (transceiver, shovel and probe) is also provided along with a camping mattress for your night in the igloo.

Clothing

- Waterproof ski or winter walking trousers
- Wind stopper or Goretex jacket
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Insulating down jacket
- 2 pairs of ski gloves and a warm hat
- Walking socks (1 pair per day)
- Sturdy waterproof walking boots

Other Equipment

- Rucksack minimum 35 litre capacity
- Sunglasses and ski mask
- Sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 35 to 40 litres for your avalanche safety equipment (transceiver, shovel and probe), personal belongings for the day (warm clothes, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

HOW TO REGISTER

- By internet: <http://www.altitude-montblanc.com>
- By telephone: +33 (0)4 50 79 09 16
- By post: Please provide your details
 - Surname, First Name, Date of birth
 - Address
 - Email
 - Telephone
 - Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
180, route du lac
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (inc. maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:

PRENOM:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

SEJOUR DEMANDE:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

A large, light gray rectangular box intended for the user's signature.

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE