TOUR OF VANOISE IN SNOWSHOES

A wild and sporting winter trekking in the heart of Vanoise

Reference · 345

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DURATION	TRAVEL STYLE	LUGGAGE
5 days	**Accompanied / guided**	**Without luggage transfer**

ACCOMMODATION	LEVEL	FROM
Classic (dormitory)	**3/4 ★★★☆**	**870 €**

A unique 5-day winter adventure in France's oldest national park. Starting in Val d'Isère, this looped route passes through magnificent landscapes where snow covers secret valleys, panoramic ridges and vast high plateaux. Each day, the route moves from hut to hut across vast, immaculate expanses facing the peaks and glaciers of the Vanoise in an enchanting setting. A fragment of life suspended outside the world, punctuated by memorable evenings in the huts, full of warmth and conviviality.

You will love

- A total immersion in the heart of the Vanoise national park
- The discreet but constant presence of wildlife, with occasional beautiful sightings!
- Nights in cozy mountain huts

Altitude Montblanc · 62 Passage du Nant Devant · 74110 Montriond
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Capital 6000 EUR - IM 074100150 - APE 7912Z - SIRET 48156356700025 - VAT FR67481563567
Professional insurance MMA SARL SAGA - Groupama guarantee 840,000 EUR

Day-by-day itinerary

DAY 1

Meet at 10.00 am at Bourg-Saint-Maurice train station for a transfer to Val d'Isère, the starting point of your trek.

VAL D'ISERE - REFUGE DU FOND DES FOURS

Departure from the Manchet valley along the cross-country ski trails, which the route soon leaves to join the Fours valley, which you climb up to reach the Plan des Gouilles and finally the Fonds des Fours refuge, the gateway to a wild and unspoilt world.

3 hours walk / Elevation : + 650 m / Distance : 6 km

DAY 2

COL DE LA ROCHEURE - REFUGE DE LA FEMMA

The route continues up the Fours valley until it reaches the Col de la Rocheure, the lowest point between the Pointe de la Sana and the Pointe de Méant Martin. This is where you leave the Tarentaise and enter the Maurienne. Descend the Rocheure valley to the Femma refuge.

Overnight in the refuge, **without luggage**.

4 hours walk / + 410 m ; - 600 m / Distance : 9 km

DAY 3

COL DU COIN – COL DU BRESSON – PRESSET REFUGE

The route climbs up the left bank of the Rocheure valley to reach the Turc plateau, opposite the Aiguilles de Lanserlia, before descending through the Fontabert valley to the Saint-Barthélémy chapel. A final straight section takes you to the Plan du Lac refuge.

Overnight in the refuge, **without luggage**.

5 hours walk / + 740 m ; - 730 m / Distance : 11 km

DAY 4

PONT DE CROE VIE - VALLON DE LA LEISSE

Return to the chapel of Saint-Barthélémy, then cross the torrent de la Rocheure to reach the Entre-Deux-Eaux refuge. The route continues to the Croé Vis bridge, a historic vestige of the old salt route and the gateway to the Leisse valley. The trail continues up the Leisse to finally reach the eponymous refuge.

Overnight in the refuge, **without luggage**.

4 hours walk / Elevation : + 470 m ; - 350 m / Distance : 10 km

DAY 5

COL DE LA LEISSE - COL DE FRESSE

Start the day at the foot of the impressive north face of La Grande Motte, climbing up the Leisse valley. Pass by Lac des Nettes before reaching the Col de la Leisse. Gentle descent to the top of Tignes resort until you reach the Rocher de Bellevarde. Take the cable car down to Val d'Isère and transfer back to Bourg-Saint-Maurice.

4 hours walk / Elevation : + 530 m ; - 330 m / Distance : 10 km

End of the hike at the hamlet of Manchet in Val d'Isère, then transfer to Bourg-Saint-Maurice. Departure from the SNCF train station at around 3.00 pm.

Dates and prices

PERIOD	AVAILABILITY	PRICE
17/03/2027 - 21/03/2027	Départ garanti	870 €
24/03/2027 - 28/03/2027	Open departure	870 €
31/03/2027 - 04/04/2027	Open departure	870 €
07/04/2027 - 11/04/2027	Open departure	870 €

5-day snowshoeing trek / 4 nights in mountain huts.
For your private group : departure available upon request, between march, the 19th and april, the 10th 2026.
Also available on a 4-day / 3-night formula.

THE PRICE

Includes:

- The organization fees and supervision by a certified mountain guide;
- Accommodation with half-board, lunch picnic, and snacks;
- Transfers on the first and last day between Bourg-Saint-Maurice and the starting and finishing points of your hike;
- Snowshoes and poles if needed (to be reserved upon registration) and safety equipment (DVA, shovel, probe);
- Any shower tokens in the refuges (day 2 and day 3).

Does not include:

- Personal expenses (drinks, etc.), visits;
- Luggage transfer;
- The round-trip travel from your home to the meeting point and departure;
- Airport taxes and other exclusions clearly and duly described in the corresponding technical sheet

The price is all inclusive from the meeting point to the point of dispersion.

The journey

LEVEL ***

Elevation gain: +/- 400 to 800 m depending on the stages.
Walking time: 4 to 7 hours of hiking per day.
Physical level: reserved for hikers in good physical condition. Minimum experience of snowshoe trekking is highly recommended. You need to be in a good overall physical condition. Regularly practise an endurance sport such as walking, running, swimming or cycling, 4 to 6 hours a week. Your fitness training will make your walk easier and make it all the more enjoyable.
Click here for a description of the different levels: levels of difficulty

GUIDING

Number of participants between 6 and 10 people, guided by a certified professional (mountain guide).
Crossing the massif requires some commitment. Snow conditions in the mid-mountains can be unpredictable, but it is always possible to hike. In case of high avalanche risk, the route may be altered at the guide's discretion, always in the best interest of the group, for your safety and comfort.

ACCOMODATION

4 nights in dormitory, in mountain huts.

LUGGAGE TRANSFER

Without luggage transfer : you carry all your luggage during the trek.

MEALS

Breakfasts and dinners are served at the accommodation. Lunch picnics are taken at the refuges.

CARTOGRAPHY

IGN 25:000 Massif du Beaufortain 3532 OT

Practical information

ACCESS TO DEPARTURE POINT

Meet at 10.00 am in the car park of the station / town hall located Avenue du Général Lecler in Bourg-Saint-Maurice.

BY TRAIN

Bourg-Saint-Maurice is accessible by TER train all year round and by TGV during winter.
Visit www.oui.sncf to check out the schedules.

BY CAR

Highway A430 to Albertville then N90 untill Bourg-Saint-Maurice.

CAR SHARING

Here are some websites to share a lift : www.laroueverte.com www.blablacar.fr

End of the stay in late afternoon in Bourg-Saint-Maurice.

ACCOMMODATION BEFORE AND AFTER STAY

Accomodation in Naves : https://www.naves-savoie.com/hebergement/?lang=en

TO CONTACT US

If you are late, contact the agency at: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Equipment and luggage

EQUIPMENT

Equipment for snowshoeing (snowshoes and sticks) is provided. You can nevertheless bring your own if you have it. Safety equipment (arva, excavator and probe) is also provided for the group.

Clothes

- Winter ski or hiking pants
- Windbreaker or Goretex jacket
- Tee-shirts "breathable" or merino wool
- Long "breathable" or merino wool shorts
- Fleece or sweater
- Down jacket
- Two pairs of ski gloves and a beanie
- Hiking socks (looped, merino...1 pair per day)
- High-stemmed waterproof hiking shoes (no soft shoes like "boots" or "boots")

Miscellaneous equipment

- Backpack 40 liters minimum
- Silk sheet
- Sunglasses + ski mask
- Sunscreen
- Flask and thermos (1.5 liter minimum total)
- Knife and cutlery for picnic
- Cup or bowl for soup and tea
- Small personal pharmacy (analgesic, dressings type compeed...)
- Survival blanket
- Identity card or passport

BACKPACK

Pack a comfortable rucksack with enough room for a full change of clothes, safety equipment (arva, shovel, probe), picnic and snacks.

Postal booking form

Complete this form and return it with your deposit.

Last name	
First name	
Birth date	
Address	
Phone	
Mobile phone	
Email	
Requested trip	**TOUR OF VANOISE IN SNOWSHOES**
Number of days	**5**
Insurance	
Trip price	**870 €**
Estimated deposit (30%)	**261 €**
Signed in	
Date	
Signature	

Return with your deposit to

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