TECHNICAL SHEET

SMALL STEPS IN THE ARAVIS MASSIF

Family trek : explore the wilderness of the Aravis massif

Reference · 332

Document generated on 14/10/2026

DURATION	TRAVEL STYLE	LUGGAGE
6 days	**Accompanied / guided**	**With luggage transfer**

ACCOMMODATION	LEVEL	FROM
Refuge & hotel	**2/4 ★★☆☆**	**860 €**

This family-friendly escapade to the heart of the mountain pastures winds its way through a landscape shaped by man and nature. Man has created traditional villages covered in "tavaillons" (slabs of oak or spruce used as roof tiles in the Middle Ages), as well as farmland known locally for its Reblochon cheese. Nature here is rich in wetlands, the work of glaciers and animal species. Chamois, ibex, marmots, golden eagles and the discreet bearded vultures are still very much present in this massif. Your guide will be happy to tell you all about this rich heritage and to share with you the wonders of the mountain. From the most emblematic sites (Plateau de Beauregard, Lac des Confins and Lac de Lessy) to other more secret ones. The route also takes in the village of La Clusaz and the authentic Chinaillon/Grand Bornand area. It's an adventure with a variety of landscapes and atmospheres, where you and your family can make the most of the local treasures.

You will love

- A semi-itinerant tour adapted for families;
- A hike with donkeys to motivate both young and older children;
- Animal sightings: marmots, chamois, ibex, bearded vultures...;
- Fabulous local produce (reblochon, tomme, charcuterie...) to enjoy in cosy accommodation;
- The magnificent landscapes of the limestone cliffs of the Aravis facing Mont Blanc.

Day-by-day itinerary

DAY 1

Meet Sunday at 10:30am at the Beauregard cable car near the church in La Clusaz.

PLATEAU DE BEAUREGARD

Take the cable car up to 1644 m. A gentle start on the well-named Plateau de Beauregard, classified Natura 2000 mainly for its rich wetlands. Panoramic 360° views over the Thônes valleys, the Aravis mountains, the Bargy and Mont-Blanc. Three loops of varying difficulty to suit all tastes. Night in a hotel** in La Clusaz.

2 hour to 4 hour walk depending on the chosen itinerary / Elevation: +100m, 250m or 350m

DAY 2

TÊTE DU DANAY WITH DONKEYS

Free shuttle bus to 'Lac des Confins'. Take a short tour of the lake at the foot of the famous 'Combes des Aravis', then climb to the 'Tête du Danay'. A sublime 360° panorama that allows you to admire the work of the glaciers. An easy descent along the ridge and then through a beautiful spruce forest to reach Les Confins.

Donkeys accompany us all the way. Faithful travelling companions, they carry our picnic, let themselves be brushed, led by the bridle or cuddled by the children. And to finish the day with a bit of thrill, why not take advantage of one of the giant zip lines at the Confins leisure area? Night in a hotel*** in La Clusaz.

4.5 hour walk / Elevation: +380 m / -850 m

DAY 3

AIGUILLE VERTE MINI-TREK J1

At the foot of the Bargy, on the magnificent Samance mountain pastures, stroll through a protected area where ibex and bearded vultures are not uncommon and livestock farming is well established. The chalets at Cuillery offer a taste of bygone days and a chance to sample the valley's organic Reblochon cheese. The hike can be extended by heading up to Roc des Tours or Aiguille Verte. Magnificent views, particularly of Mont Blanc and Lac de Lessy. Finally, you reach the small Lessy refuge for a magnificent night in the mountains. Night in a refuge **without luggage transfer.**

5 hour walk / Elevation: +700m ; -200m

DAY 4

AIGUILLE VERTE MINI-TREK J2

After an unforgettable night, you wake up at the foot of Lac de Lessy. It's an easy hike via the 'Col de la Forclaz' that will take you gently back to Chinaillon. There are several options for this day, including a stop at the Forclaz rocks before returning to your hotel. Night in a hotel***.

5 hour walk / Elevation: +/-530m

DAY 5

MONT CHARVIN MINI-TREK J1

Transfer from your hotel to the small village of Le Bouchet-Mont-Charvin for this second mini-trek. It's a beautiful climb that takes you through the forest and then the mountain pastures to Les Fontanettes (a pleasant mountain pasture chalet/refuge). Take a break here, before embarking on the final part of the climb to Aulp de Marlens (1660m). At 2.00 p.m. at the refuge, you can take part in a 'discovery of the life of a mountain farmer' activity (cost: €5 to €10/person, payable on site). Overnight in the refuge **without luggage transfer.**

3 hour walk / Elevation: +750m /- 50 m

DAY 6

MONT CHARVIN MINI-TREK J2

The Col des Porthets (2072m) is your morning goal. It is dominated by Mont Charvin (the second highest peak in the Aravis range). A wild, alpine world awaits you. Take a welcome break at Lac du Mont Charvin before making your way through the beautiful mountain pastures to La Joux, where you will be picked up to take the shuttle bus back to La Clusaz.

4 hour walk / Elevation: +400m -900m

End point Friday at 4:00pm at the La Clusaz bus station.

The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc. (depending on the natural conditions and the fitness of the group).

Personalised tour available, please ask...

Dates and prices

2026 : Price from €860 per person for groups of at least six people.
Departure on request for your group.

DEPARTURES AND PRICES

Adult : **€1010**
Teenager (12-15 years) : **€960**
Child (6-11 years) : **€860**

THE PRICE

The price includes:

- Organisation and booking fees, guiding by a qualified mountain leader;
- All meals including picnic lunch and snacks during the day;
- Accommodation in hotels or refuges, shower tokens in accomodation if required;
- Lifts on day 1;
- Luggage transfer except on days 3 and 5;
- Road transfers as specified in the technical data sheet;

The price does not include:

- Personal expenses (drinks, touristic visits, etc...) ;
- Luggage transfer on days 3 and 5;
- Airport taxes;
- Cancellation insurance;
- Your return journey from home to the point of departure/end point.

The journey

LEVEL **

Elevation: +/- 750m average per day.
Walking time: 4 to 6 hours average per day.
Type of trek: mountain hikes on marked trails, not too stony and without technical difficulty.
This trek is accessible to people in a good fitness level and accessible to children aged 6 and over, with flexible, adaptable itineraries. Hikes of 6 to 10 km maximum per day. Please find the description of the levels by clicking here: Level of difficulty

GUIDING

Your trip is organized in a group of 6 to 14 people under the responsibility of a guide. A qualified professional, he or she is the guarantor of the smooth running of the trip, the activities and the exploration of the environment.
The mountain leader may have to modify the programme to adapt it to the level of the participants and/or the natural conditions. As a last resort, he is the sole decision-maker.
As a thank you, it's common practice to tip your guide at the end of your hike. It's not obligatory, but greatly appreciated.

GET YOUR IMAGINATION WORKING

The Aravis mountains are particularly well-suited to exploring the Alpine environment:
- Typical mountain pastures, often still run by working shepherds or alpacists;
- Accessible summits and passes, with a mountain atmosphere that's perfect for exploits;
- Plenty of wildlife, which can be observed with binoculars or spyglasses, but which you can also look out for traces and signs of life;
- Wide views of the Alps, so you can talk geography or geology (if you feel like it!);
We've designed this programme with children in mind, but also with the pleasure you'll get from sharing this experience with them.

ACCOMMODATION

3 nights in family rooms for 2 to 4 people in a hotel** and *** ;
2 night in dormitory in refuge.

MEALS

Picnics are included comprising a variety of healthy salads and local products. Please inform us about your food allergies and special diets **at the time of booking.** We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

MAPS

IGN Top 25 - 3531 OT - Megève - Col des Aravis
IGN Top 25 - 3430 ET - La Clusaz - Le Grand Bornand

Practical information

ACCESS TO DEPARTURE POINT

Meet at 10.30am on Sunday at the Beauregard cable car near the church in La Clusaz, in hiking attire.

BY TRAIN

Depart from Paris-Gare de Lyon train station to Annecy. Several trains each day, from 3:40 to 4:20 hours ride. Then bus to La Clusaz.Return: Bus from La Clusaz to Annecy and train around 7pm to Paris Gare de Lyon (arrival around 11pm).
Times given are indicative and should be verified in a train station or on Oui.sncf
Consult timetables of bus 62 and 63 Annecy - La Clusaz - Le Grand-Bornand on the website Altibus.com

BY CAR

Take the A41 motorway, exit number 17 at Annecy Nord and follow Thônes and then La Clusaz. Or A40 to Bonneville (exit 16) and then La Clusaz. Free parking at La Clusaz train station.

CAR-SHARING

Get in touch with people ! https://www.blablacar.fr/ https://www.laroueverte.com/ https://www.roulezmalin.com/

End of the trek on Friday around 4.00 pm at the La Clusaz bus station.

ACCOMMODATION BEFORE AND AFTER

Check out the accommodation on the Aravis tourist office websites:
- La Clusaz
- Le Grand-Bornand
- Saint-Jean-de-Sixt

TO CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Equipment and luggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Light down jacket
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in crantées
- A pair of plastic 'Croc' type shoes to play in the water.
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches (0,4 ~ 0,5L)
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks. For children, a small backpack of 15 litres to carry a waterproof jacket and waterbottle.

LUGGAGE TRANSFER

You are allowed **1 soft, sports type bag with all your possessions inside, no heavier than 10kg per person** . Your luggage is carried everyday by a driver and will be transported between accommodation.
Luggage which is too big and too heavy won't be accepted by the drivers, think about their backs!

YOUR BACKPACK FOR THE NIGHT WITHOUT LUGGAGE

On nights 3 and 5, your luggage won't be delivered at your accommodation (you will get it back the day after). Here are the things to bring with you (about 2 kilos are enough!):
- small toilet bag
- sleeping bag liner sheet
- change of clothes for the day after (bare necessities!) and comfortable for the evening.

You can gather your belongings in a waterproof bag (furnished) which will be transported by the donkeys.

Postal booking form

Complete this form and return it with your deposit.

Last name	
First name	
Birth date	
Address	
Phone	
Mobile phone	
Email	
Requested trip	**SMALL STEPS IN THE ARAVIS MASSIF**
Number of days	**6**
Insurance	
Trip price	**860 €**
Estimated deposit (30%)	**258 €**
Signed in	
Date	
Signature	

Return with your deposit to

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond

+33 (0)4 50 79 09 16 · info@altitude-montblanc.com