

# PANORAMA OF QUEYRAS self-guided

Panorama of the most beautiful hikes in Queyras

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**DURATION**

**6 days**

**TRAVEL STYLE**

**Freedom / unguided**

**LUGGAGE**

**Without luggage transfer**

**ACCOMMODATION**

**Comfort (room)**

**LEVEL**

**2/4 ★★☆☆**

**FROM**

**440 €**

Sometimes called little Switzerland, the Queyras region is known above all for its high villages, its larch forests and its wide mountain pastures. On the edge of the Italian border, this massif benefits from the coolness of the mountains and the blue sky of the Southern Alps. There are more than 300 days of sunshine per year! On the border, the imposing Mount Viso (3841 m), the 2nd Italian summit, rises.

Here nature is wild and preserved by the Regional Natural Park: numerous high altitude lakes, rare floral species, abundant mountain fauna (hares, marmots, chamois, eagles and even wolves...). Organise your week as you see fit! That's what this tour is all about: every morning, you'll head out on a range of hikes for which we'll give you all the technical information and explanations you need. Departing from our comfortable hotel, you'll have a choice of hikes of all levels to the summits, lakes and unmissable panoramas of the Queyras.

## You will love

- Accommodation in a room for 2 in the village of Saint Véran
- The possibility of organising your hikes according to your preferences
- The sunny climate of the Southern Alps
- Discover the vast mountain pastures and splendid lakes

## Day-by-day itinerary

### DAY 1

#### SAINT VERAN - CURLET RIDGE OR VALLEE DE LA BLANCHE

Discover Curlet Ridge from the Pont du Moulin: a real promontory with a great view of Saint-Véran. A nice first day to get into ham, climb in the forest under the larches, possibility on the ridge to climb to the peak of Cascavelier.

Night in hotel or gite.

4h00 hours walk / Altitude difference : +/- 580 m

### DAY 2

#### MOLINES - SOMMET BUCHER OR PIERRE GROSSE

The Bucher offers one of the most beautiful panoramas on the west of Queyras. This crossing between Molines and Saint Véran, will also be done largely under the larches... before ending on the Col des Près Fromage where a magnificent alpage opens to you... the picnic break is necessary! The orientation table of the Bucher Summit will be the occasion of a small digestive walk before going down to the site of Saint Simon, its chapel and its small lake. Transfer from your hike at the end of the day (or start if you prefer!). Night in hotel or gite.

5h30 hours walk / Altitude difference : +625 m ; -580 m

### DAY 3

#### COL AGNEL - LA VALLÉE DES LACS - L'ECHALP

This day will be devoted to exploring the unmissable 'Valley of the Lakes', which will take you from high altitudes to pastoral landscapes via an ever-changing trail with the valley's marvellous glacial lakes. An absolute must. Night in hotel or gite.

5.30 hours walk / Altitude difference : +250 m ; -1200 m

### DAY 4

#### L'ECHALP - COL LACROIX

This is a lovely, easy hike to the Italian border along an old road that was a legendary trade route between France and Italy. In spring, you can make this ascent in the middle of rhododendrons, and you may also come across a few juniper plants as you move away from the pass.

Night in gite or hotel.

4.5 hours walk / Altitude difference : +/- 710 m

**DAY 5****ARVIEUX - LES CHALETS DE CLAPEYTO OR FURFANDE MOUNTAIN PASTURE**

After a short crossing through the pines and larches of Queyras, the landscape opens onto the Furfande pasture topped by the needles of Croseras. It is possible to push even higher to enjoy a clear view of the Ecrins.

Night in hotel or gite.

5.5 hours walk / Altitude difference : +/-630 m

**DAY 6****SAINTE-ANNE LAKE AND MIROIR LAKE**

Classic in the Queyras, but you never get tired of it... Lakes Sainte-Anne and Miroir, both opposite, one mineral, nestled at the foot of the Font Sancte and the other bordered by its lawns and pines. The strongest will be able to discover a more intimate lake, that of the Rouites.

**End of the stay in Saint Véran.**

5 hours walk / Altitude difference: +/- 770 m

*These are just a few examples of the walks that can be done from Saint-Véran; in your roadbook, we'll give you other itineraries that can be adapted to suit the weather and your fitness level.*

*We may sometimes have to modify the itinerary indicated for organisational reasons (overcrowding of accommodation, changes in the state of the terrain, landslides, damaged paths, etc.), or due to weather conditions. These changes are always made in your interest, for your safety and for your comfort!*



## Dates and prices

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### DEPARTURES AND PRICES

Elective departure from 20th May to 30th October 2026

#### 6 day/ 5 night tour

€550 per person in a 2 bedroom cottage

€690 per person in a 2-room hotel \*\*

#### 5 day/4 night tour

€440 per person in a 2-room gite

€555 per person in a 2-room hotel \*\*

#### Optional extras

5 picnics: €70 per person

4 picnics: €60 per person

#### Additional nights

Additional night in half board in dormitory : €85 per person

Extra night in half board in double room : €105 per person

### THE PRICE

#### Includes:

- Half-board from dinner of the 1st day to breakfast of the last day;
- The road book: description and IGN cards (1 complete road book per group);
- Transfer from Saint-Véran to Echalp for the Vallée des Lacs hike;
- Transfer from La Chalpe to Moline for the hike to the Bucher summit;
- The tourist tax;
- Organization and booking fees.

#### Does not include:

- Lunch picnics;
- Drinks, visits and other personal expenses;
- Supplements for other types of accommodation than room of 2;
- Cancellation/ assistance insurance.

**The price applies from the meeting point to the dispersal point.**



## The journey

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### LEVEL \*\*

Average positive altitude difference: 500 m per day

Average duration of the stages: 5 hours per day

Particular difficulties: hiking on good marked mountain trails, forest paths and old canals.

This trip requires you to be in good general shape. To prepare, we recommend regular walking, jogging, cycling or another sport. Your physical preparation will make your stay easier and help you enjoy it all the more.

Please find the description of the levels by clicking here: [levels of difficulty](#)

*This trip was made in collaboration with our local partners, who like us are committed to creating an authentic stay for you.*

### ROADBOOK

Your road book will be sent to you by post on receipt of payment of the balance of your stay. It includes :

- A route book,
- A set of IGN maps,
- A itinerary sheet with a list of accommodation,
- Luggage tags, if you have booked the option luggage transfer
- Access to the digital application downloadable onto your smartphone

For all bookings made less than 3 weeks before departure, paper travel documents cannot be sent. Only the digital version will be made available.

### ACCOMODATION

**You will stay in the same accommodation in Saint-Véran for all nights.**

GITE COMFORT: double room or room with 2 beds of your choice, bed linen and towels are not provided, bathroom facilities are on the landing.

HOTEL \*\* COMFORT: double or 2-bedded room of your choice, bed linen and towels provided, private bathroom.

### MEALS

Breakfasts and dinners are provided in each accommodation. Picnics are not included and can be ordered the day before in each accommodation. Possibility to refuel in small local shops. Please inform us about your food allergies and special diets **at the time of booking**. We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

### TRANSFERS

Transfers are made with your personal vehicle.



## Practical information

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### ACCESS TO DEPARTING POINT

**Your own vehicle is essential for transfers to the start of the hikes.**

#### BY TRAIN

*Go (the day before):* Paris Montdauphin-Guillemestre, via Valence, then bus from Guillemestre to Abriès (shuttle 573 ZOU hours on Autocas Imbert)

*Back:* Bus from Abriès - Guillemestre (shuttle 573 ZOU timetables on Autocas Imbert), then train from Guillemestre to Paris or night train from Guillemestre to Paris.

Timetables must be checked with the SNCF by telephone (special number 3635) or on: [oui.sncf](http://oui.sncf) / [lequeyras.com/navettes-queyras-guillemestrais](http://lequeyras.com/navettes-queyras-guillemestrais)

#### BY CAR

Saint-Véran is approximately 35 km from Guillemestre.

Parking not guarded, close to hotels.

**End of the stay in early afternoon in Saint Véran.**

### TO CONTACT US

If you are late please let us know as soon as possible : **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

## Equipment and luggage

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### EQUIPMENT LIST

#### Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

#### Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Two adjustable and highly walking poles
- Identity card or passport

#### BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.



## Postal booking form

Complete this form and return it with your deposit.

**Last name** \_\_\_\_\_

**First name** \_\_\_\_\_

**Birth date** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Mobile phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Requested trip** **PANORAMA OF QUEYRAS self-guided** \_\_\_\_\_

**Number of days** **6** \_\_\_\_\_

**Insurance** \_\_\_\_\_

**Trip price** **440 €** \_\_\_\_\_

**Estimated deposit (30%)** **132 €** \_\_\_\_\_

**Signed in** \_\_\_\_\_

**Date** \_\_\_\_\_

**Signature**

**Return with your deposit to**

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond  
+33 (0)4 50 79 09 16 · info@altitude-montblanc.com