

# MORZINE PANORAMA self-guided

A week in the mountains... between Lemman and Mont Blanc!

Reference · 265

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<b>DURATION</b> <b>7 days</b>	<b>TRAVEL STYLE</b> <b>Freedom / unguided</b>	<b>LUGGAGE</b> <b>With luggage transfer</b>
<b>ACCOMMODATION</b> <b>Hotel ***</b>	<b>LEVEL</b> <b>2/4 ★★☆☆</b>	<b>FROM</b> <b>680 €</b>

Morzine is well known for its ski resort but is also part of a wider mountain range at the limits of Mont Blanc massif. The label "Géopark", awarded by Unesco in 2012, recognises the treasures of this area: wildlife, geology, history, human heritage, gastronomy, flora...

We'll discover some surprising landscapes during beautiful easy hikes. In the evening, a warm and cosy 3\*hotel awaits us.

## You will love

- Easy hikes in a stunning and character filled mountain range
- Discovering the cultural and human heritage
- Wildlife, flora and geological treasures of the Haut-Chablais region
- A comfortable 3\*hotel with swimming pool, spa and tempting dessert buffet
- The village of Morzine and its entertainment

## Day-by-day itinerary

### DAY 1

**Meet in the late afternoon at the Alpen Roc Hotel (center of Morzine) to check in** (if you have chosen the 5-day/6-night option).

### DAY 2

#### **COL DE LA BASSE AND COL RATTI (1905m)**

An exceptional panorama for this first hike, with the entire Mont-Blanc range in view. A hike that can be adapted in terms of elevation gain, perfect for starting the week off calmly.

3 to 4 hour walk / Elevation: between +350 to +600m / -250 to -500m

### DAY 3

#### **CRETES DE LA CHAILLA ET COL DE LA GOLESE**

Crossing alpine pastures, this hike leads to a ridge (1837m) that offers a postcard view of the Dents Blanches massif and the geological formation of Bostan, a key site in the Chablais Geopark. Return via the Golèse refuge.

4.5 hour walk / Elevation: +/- 530m

### DAY 4

#### **BISE AND DARBON LAKE**

A change of valley to observe the ibexes among the towering limestone cliffs of Bise. Picnic by the emerald lake of Darbon, with a swim for the brave!

5 hour walk / Elevation: +/- 620m

### DAY 5

#### **PASS OR PEAK OF CHALUNE**

Departure from the Foron alpine pasture, among chamois and marmots that can be observed. Ascent to the Chalune pass, and even to the peak (2116m) for the volunteers. Return via the 'Col de la Bolire' after a beautiful loop overlooking the Arve and Giffre valleys.

4.5 to 5.5 hour walk / Elevation: between +/- 640m and +/- 760m

**DAY 6****COL DE COUX AND FARM VISIT**

Between smuggling and migration, the Col de Coux (1920m) is full of stories... not to mention the view of the Swiss mountains. A stop is recommended at the Freterolles farm, one of the few alpine pastures still producing locally, where you can buy cheeses, for the most greedy.

*4 hour walk / Elevation: +/- 520m*

**DAY 7****End point Saturday morning after breakfast.**

The program has been created based on the most recent information available at the time of its drafting. Unforeseen circumstances beyond our control may alter its course.



## Dates and prices

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### DEPARTURES AND PRICES

Departure from June 21st to Septembre 6th, 2026

5-day trekking/ 5 nights:

**€680 per person in a 2-person room**

Extra night on half board:

**€105 per person in a 2-person room**

Single departure on request.

**Info and bookings via phone or email**

### THE PRICE

Includes:

- Accommodation with half-board formula from dinner on the first day to breakfast on the last day;
- 1 road book file (paper) for a group of 1 to 4 people and the digital version to download for each participant; additional paper road book on request;
- Booking fees;
- Tourist tax.

Does not include:

- Lunchtime picnics;
- A guide (your are responsible for your own safety);
- Personal expenses (drinks, visits...);
- Transfers (done with your own car or by regular buses, only on certain stages), transfer option to ask at registration;
- Cancellation assurance.

**The rate is all inclusive from the meeting point to the point of dispersion.**



## The journey

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### LEVEL \*\*

Elevation gain: +/- 400 to 700 m on average per day.

Walking time: 3 to 5 hours per day.

Type of hike: mountain route with no particular technical difficulty, accessible to most people.

Staying in the same hotel throughout the week allows you to rest for a day if needed.

This trip requires good overall fitness. Your physical preparation will make your trip easier and allow you to enjoy it even more.

To prepare, we recommend regular walking, jogging, cycling, or another sport. You can consult the different levels of hiking [here](#).

The roadbook provides sufficient information on the itinerary of your hike. However, it is essential to be able to read an 1:25,000 map and to be sufficiently autonomous in the mountains to be able to tackle the itinerary with confidence, whatever the weather (fog, snow, etc.). Guiding is not included in the self-guided package.

You will be crossing areas with no telephone network. For your own safety, you may wish to bring along a radio or the latest generation telephone with a satellite connection.

### ACCOMMODATION

5 or 6 nights in a 3\* hotel in a 2-person room. Single supplement on request.

Located 200 meters from the center of the village of Morzine, this hotel offers all the comfort for a true week of sports and relaxation: a large lounge with a fireplace, a cozy bar, a spa with a sauna, jacuzzi, and heated indoor pool... as well as culinary delights with a delicious table, varied and well-prepared menus, and must-try Savoyard specialties.

The village of Morzine is accessible on foot from the hotel. It has all the shops of a charming village resort, as well as traditional and cultural activities: a tour of the old village, a visit to the slate quarries, the dairy where they make Tomme, Reblochon, and Abondance cheeses, an indoor swimming pool, and an Olympic ice rink... Not to mention the nightlife, wine bars, and pubs.

### MEALS

Breakfast and dinner are served at the accommodation. For lunch, you can order a picnic from your accommodation or buy in the local shops. Please let us know about any allergies or dietary restrictions when making your reservation. The accommodation will do its best to accommodate special diets (gluten-free, vegetarian, etc.).

### MAPS

IGN Top 25 - 3528 ET Morzine and 3530 ET Samoëns



## Practical information

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### ACCESS TO DEPARTURE POINT

**Meet at the hotel Alpen Roc\*\*\* in Morzine to check in.**

#### BY TRAIN

Departure from Paris Gare de Lyon, arrival in Thonon. Then bus Thonon>Morzine, and 10 min walk (or free shuttle) to your hotel.

Return journey : Bus Morzine>Thonon. Then train Thonon > Paris.

Timetables must checked with [SNCF](#).

#### BY BUS VIA THONON OR CLUSES

[Bus SAT Thonon - Morzine](#)

#### BY CAR

Take the A40 motorway to Cluses, then direction Morzine/Avoriaz (les Portes du Soleil), follow Taninges, Les Gets to arrive in Morzine.

#### CAR-SHARING

Get in touch with people to share a lift! [www.blablacar.fr](#) [www.laroueverte.com](#) [www.roulezmalin.com](#)

**The end of the trip is on Day 6 after your hike or on Day 7 after breakfast at the hotel, depending on the chosen option.**

### ACCOMMODATION BEFORE AND AFTER

Hôtel Alpen Roc 0033 (0)4 50 75 75 43

Morzine Tourist Office: +33 (0)4 50 74 72 72 [www.morzine-avoriaz.com](#)

### TO CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**.

## Equipment and luggage

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### EQUIPMENT LIST

#### Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Down jacket
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

#### Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches (0,4 ~ 0,5L)
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

### BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.



## Details

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### HOW TO REGISTER

- By internet: [www.altitude-montblanc.com](http://www.altitude-montblanc.com)
- By telephone: +33 (0)4 50 79 09 16
- By post: Please provide your details
  - Surname, First Name, Date of birth
  - Address
  - Email
  - Telephone
  - Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc  
180, route du lac  
74110 MONTRIOND  
FRANCE

Please specify whether you wish to take out an optional cancellation insurance.

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 35% in association with your account details at Altitude Mont-Blanc

('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



## Postal booking form

Complete this form and return it with your deposit.

<b>Last name</b>	_____
<b>First name</b>	_____
<b>Birth date</b>	_____
<b>Address</b>	_____
<b>Phone</b>	_____
<b>Mobile phone</b>	_____
<b>Email</b>	_____
<b>Requested trip</b>	<b>MORZINE PANORAMA self-guided</b>
<b>Number of days</b>	<b>7</b>
<b>Insurance</b>	_____
<b>Trip price</b>	<b>680 €</b>
<b>Estimated deposit (30%)</b>	<b>204 €</b>
<b>Signed in</b>	_____
<b>Date</b>	_____
<b>Signature</b>	<div style="border: 1px solid #ccc; height: 40px; width: 100%;"></div>

**Return with your deposit to**

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond  
+33 (0)4 50 79 09 16 · info@altitude-montblanc.com