TECHNICAL SHEET

JURA, BALCONY OF THE ALPS SNOWSHOEING

A week in a snowshoeing paradise!

Reference · 231

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DURATION	TRAVEL STYLE	LUGGAGE
6 days	**Accompanied / guided**	**With luggage transfer**

ACCOMMODATION	LEVEL	FROM
Comfortable lodge	**2/4 ★★☆☆**	**845 €**

With its hilly landscape, windy ridges and deep woods (still home to Lynx and Capercaillie), it's hard not to think of the Far North and the forests of the Taiga when you travel through the Jura's snowy valleys. The Jura is a paradise for hiking and for Nordic activities (snowshoeing, cross-country skiing...), with mountain pastures and ski resorts on a more human scale. Over a week between France and Switzerland, the various hikes explore wild and unspoilt spots, offering outstanding panoramas of Lake Geneva and the entire Alpine chain.

You will love

- Discover the Jura region, a wild and little-visited massif;
- A Nordic landscape perfectly suited to snowshoeing, for hikes accessible to all;
- Enjoy spectacular panoramic views of the Alps and Lake Geneva;
- A cultural approach;
- A cosy gite;
- Observe wildlife in the great outdoors.

Day-by-day itinerary

DAY 1

Meet at 6.00 pm at your accommodation for a briefing with your guide.

Snowshoeing is dependent on the weather and snow conditions. To ensure that the hikes run smoothly and to manage the risk of avalanches, the programme may be modified, in order to make the most of each itinerary and for obvious safety reasons. The mountain leader takes the final decision on each excursion and holds a briefing with the group each evening to outline the day's programme for the following day.

The walking times and elevation changes given below are therefore indicative only, as the guide will adjust the pace and walks to the group throughout the week.

DAY 2

SWISS MOUNTAIN PASTURES - CARROZ HUT

A beautiful loop hike on the other side of the border to kick off the week. Crossing alpine pastures and snow-covered meadows to reach the charming Carroz hut and its panoramic view of the Alps.

5 hour walk / Elevation : +/-400m

DAY 3

DÔLE SUMMIT

The summit of La Dôle, with its characteristic large white ball, is a must-see peak on the crests of the Jura mountains and can be seen from almost anywhere in the Lake Geneva region. From its 1677m altitude, this unique belvedere offers an imposing panorama of the giants of the Alps, from Mont Blanc to the Matterhorn, from the Oberland to the Écrins...

5 hour walk / Elevation : +/-500m

DAY 4

THE RISOUX FOREST

Depart by bus for the mythical Risoux forest, home to the emblematic and extremely rare Tetras . Cross these woods steeped in history to enjoy lunch in a cosy little refuge nestling among the spruce trees. Return via the Swiss coombs, with a good chance of spotting chamois.

5 hour walk / Elevation : +/-350m

DAY 5

HIKING IN THE HAUTES COMBES

The scattered settlements in these gentle rolling hills give the landscape a special character and energy that never leaves anyone unmoved. A real postcard with the view of the Monts Jura and the crêt de Chalam.

5 hour walk / Elevation : +/-350m

DAY 6

ON THE CRETES OF JURA

A circular walk along the ridges. The path leads to the edge of the Noirmont Nature Reserve, a wild sanctuary home to many species including wolves, lynx and tetras.

5 hour walk / Elevation : +/-500m

The tour ends at around 4 p.m. after breakfast.

The programme is subject to change depending on snow conditions, imponderables are always possible and situations beyond our control may alter the course.

Dates and prices

PERIOD	AVAILABILITY	PRICE
10/01/2027 - 15/01/2027	Open departure	845 €
07/02/2027 - 12/02/2027	Départ garanti	895 €
07/03/2027 - 12/03/2027	Open departure	895 €

Other dates are possible on request, for your private group.

THE PRICE

The price includes:

- The organisational costs and guidance of a qualified mountain leader;
- Half-board accommodation in gite from dinner on D1 to the lunch picnic on D6;
- Picnics at lunchtime, snacks;
- Snowshoes, poles and avalanche equipment ;
- Bus transfer to the departure point of the hike;
- Tourist tax.

The price does not include:

- Cancellation insurance;
- Personal expenses (drinks, etc...);
- Touristic visits;
- Your return journey from home to the point of departure/end point;
- Airport taxes;
- Other exclusions clearly described within the corresponding technical sheet.

The price is all inclusive from departure to end point.

The journey

LEVEL **

Altitude difference: +/- 400 to 650 m following the steps.
Walking time: about 5 hours of walking per day, depending on the level of the group.
Physical level: accessible to all, even to hikers who have never snowshoeing.
Stay in the same accommodation every evening, allowing you to rest for a day if necessary

GUIDING

Number of participants between 6 and 8 people supervised by a qualified professional (mountain guide).

ACCOMODATION

In rural cottage : 5 nights in small dormitories.

MEALS

Breakfast and dinner are served at the accommodation. For lunch, picnic lunches are provided by the accommodation, except one day over the week, a hot meal will be enjoyed in a mountain refuge.

Practical information

ACCESS TO DEPARTURE POINT

Meet at 6pm at your accomodation : : gîte la Grenotte, 39220 Prémanon.

BY TRAIN

A transfer from La Cure station to La Grenotte cottage is available (please contact us). For your information, the station is a 2km walk from the cottage.

Go: departure from Gare de Lyon (Paris) at 12:18 pm arrival in Geneva at 3:30 pm (www.sncf-connect.com).

Then train Geneva - La Cure, departure Geneva at 15:50, change in Nyon and arrival at 17:15 (www.sbb.ch/fr).

Return: departure from the Cure at 10:44, arrival in Geneva at 12:00. Train from Geneva at 12:30 to Paris, arrival at 15:42.

The schedules given are indicative and must be checked with SNCF and SBB. oui.sncf; sbb.ch/

BY CAR

From Paris, join the A6 direction Lyon then A36 (Besancon, Dôle) and A39 towards Grenoble/ Geneva. Exit N°7 Lausane, Pontarlier, then follow the N83 then N5 towards Poligny, Champagnole, Morbier, La Cure and finally Gîte d'étape La Grenotte (476 - chemin de Bacon - 39220 PREMANON)

End of stay friday around 4pm.

TO CONTACT US

If you are late, please call the agency: **+33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07**

Equipment and luggage

EQUIPMENT LIST

Material for snowshoeing (snowshoes and poles) is provided. However, if you have your own equipment and would like to use it you are free to do so.

Clothing

- Waterproof ski or winter walking trousers
- Wind stopper or Goretex jacket
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Insulating down jacket
- 2 pairs of ski gloves and a warm hat
- Walking socks (1 pair per day)
- Sturdy waterproof walking boots

Other Equipment

- Rucksack minimum 35 litre capacity
- Sunglasses and ski mask
- Sun cream
- Water bottle and Camelback (1.5 litre minimum)
- Knife and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 35 to 40 litres for your avalanche safety equipment (transceiver, shovel and probe), personal belongings for the day (warm clothes, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

Details

HOW TO REGISTER

- By internet: www.altitude-montblanc.com

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
180, route du lac
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance.

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 35% in association with your account details at Altitude Mont-Blanc
('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.

Postal booking form

Complete this form and return it with your deposit.

Last name	
First name	
Birth date	
Address	
Phone	
Mobile phone	
Email	
Requested trip	**JURA, BALCONY OF THE ALPS SNOWSHOEING**
Number of days	**6**
Insurance	
Trip price	**845 €**
Estimated deposit (30%)	**253,50 €**
Signed in	
Date	
Signature	

Return with your deposit to

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond

+33 (0)4 50 79 09 16 · info@altitude-montblanc.com

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