HIKES AND LEGENDARY SWISS TRAIN 10 days self-guided

To extend your journey a little further...

Reference · 277

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DURATION	TRAVEL STYLE	LUGGAGE
10 days	**Self-guided**	**Without luggage transfer**

ACCOMMODATION	LEVEL	FROM
Comfort (room)	**3/4 ★★★☆**	**1 560 €**

Cho choooo...

Steam locomotives have given way to electric motors on the Swiss red trains but the magic is still working. In the heart of the Alps, the different lines weave between the valleys, passing from viaducts to tunnels, from forests to alpine pastures and leading to the most beautiful hiking spots. It is an opportunity to leave your car at home but above all to travel the country long, wide and across to take the time to contemplate the landscape. The various stops will allow you to soak up the local atmosphere, very diverse in this multilingual country, and to hike at your own pace!

This 10-day tour covers some of the most beautiful lines in the Alps: the Simplon tunnel, the Centovalli blue train on the border with Italy, the famous Bernina line, a UNESCO World Heritage Site, and the Glacier Express line that runs from the Rhine Gorge to Zermatt. Whilst still staying in Switzerland, the stops will take you through the Italian-speaking Ticino Great Lakes region, the snowy mountains of Romansh Grisons and a finale at the foot of the Matterhorn in Zermatt.

You will love

- Mythical lines daily in the Centovalli, the Bernina and the Rhine Gorge
- Hiking above Lake Lugano
- Hiking in the heart of Grisons
- The end of the tour at the foot of the Matterhorn
- The reliability and aesthetic appeal of Swiss trains
- A car-free holiday with the Interrail pass included

Day-by-day itinerary

DAY 1

Departure at 10.56 am or 12.28 pm from Basel station. Departure at 10.24 am or 12.05 pm from Geneva station.

TUNNEL DU SIMPLON - CENTOVALLI - LUGANO

This first day by train takes you to the Great Lakes region. After crossing the 100-year-old Simplon tunnel, the little blue train takes you to the heart of the Centovalli (departure at 15h26), winding its way through forests and wild gorges to Locarno. The journey ends along Lake Maggiore and finally in Lugano, where you will set down your luggage for the next 2 days.

5.30 hours train journey from Basel / Geneva to Lugano

DAY 2

SAN SALVATORE - MORCOTE

From Lugano the view of Monte Salvatore is reminiscent of the Sugar Loaf of Rio de Janeiro. Today's hike climbs to the summit and continues south along a series of forest paths to Alpe Vicania and finally the small port of Morcote. Back to Lugano by bus or boat (50min) !

6 hours walk / Elevation: +900m -900m

DAY 3

BRE AND BOGLIA MOUNTAINS

After a morning visit to the town, climb up to the small village of Bre and its narrow streets overlooking the lake. The funicular makes it possible to shorten the stage by climbing to the summit. The hike continues along the ridge and the views gradually open up: Monte Rosa, Malcantone, Ticino... Once at the summit, there's just a long descent to Lugano.

6.30 hours walk / Elevation: +1250m -1250m from Lugano

5.30 hours walk / Elevation: +750m -1350m by taking the funicular

DAY 4

BERNINA - BERGUN LINE

The day starts with a bus ride to Tirano along Lake Como. From this village, you can board the famous UNESCO-listed Bernina train: viaducts, lakes, villages, alpine pastures and glaciers link up to the Bernina pass at an altitude of 2250m. Descent to St Moritz and crossing the Albula tunnel to reach Bergun using many viaducts and tunnels at the end of a deep valley. Overnight in a hotel in the heart of the village.

3 hours bus journey along Lake Como

4 hours train journey on the Bernina line

DAY 5

LAKES OF RAVAIS - KESCH-HUTTE

Small transfer in the Val Thuors in the morning. Start of the hike in the hamlet of Chants and its small chalets where were shot several series of Heidi. The path goes up the wild valley of Ravais-ch to the lakes of Ravais. The bravest can climb to the Sertigpass. The trail then leads to the Kesch refuge at the foot of the Porchabella glacier or continues to the hotel in Bergun if you have chosen this option.

Night in a refuge on half board, **without luggage** or in hotel in B&B if you have chosen this option.

4.30 hours walk / Elevation: +950m -150m (+/- 200m +2km +1hwalk withe the Sertigpass ascent)

DAY 6

THUORS - BERGUN BALCONY

The tour continues along the balcony path overlooking the village of Bergun. The path leads to the micro station of Darlux and the wild Val da Tisch. Possibility to take the chairlift of Darlux to save a bit of descent.

6.30 hours walk/ Elevation: +400m -1650m

DAY 7

RHINE GORGE - OBERALPPASS - ZERMATT

Last day along the Glacier Express line between St Moritz and Zermatt along the typical Swiss landscapes. The line alternates between the castles, the surprising gorges of the anterior Rhine and finally the alpine pastures up to the Oberalppass at 2000m altitude. The line continues in the upper Rhone Valley and finally Zermatt.

Night in a hostel in the centre of Zermatt.

7.30 hours train journey from Bergun to Zermatt along the Glacier Express

DAY 8

ZERMATT - 5 LAKES HIKE

Hiking A must above Zermatt : 5 lakes with very different facing the Matterhorn and its twin, mirrored on 3 of the 5 lakes!

A loop starting from the Sunnegga funicular.

Overnight in the centre of Zermatt.

5 hours walk / Elevation: +300 m -1000 m

DAY 9

IN FRONT OF THE MATTERHORN

Climbing in a loop on the heights of Zermatt, along a superb balcony path at the foot of the Matterhorn and the other 4000's, sorrounded by small shepherd's villages. Descent to the village of Zermatt.

5 hours walk / Elevation: +950m -950m

DAY 10

ZERMATT - VISP

Return by train to Visp then Geneva or Basel.

3.30 hours train journey from Zermatt to Geneva or Basel

End of the hike in the early afternoon in Geneva or Basel.

Dates and prices

DEPARTURES AND PRICES

Departures from 28th June to 13th September 2026

€1560 per person in comfortable hotel accommodation, based on 2 people
1 night in a dormitory in half board if you have chosen the refuge option on day 5
€570 per person single room supplement
€200 per person as an extra fee for the non-residents in Europe (2025 rate)

NB: The Interrail pass only works for residents in Europe so, it will be replaced by the Swiss Travel Pass for the non-Europeans, for an extra fee of 200 euros per person.

THE PRICE

The price includes:

- Accommodation in B&Bs from the night of the 1st day to breakfast on the last day;
- The dinner of day 5 if you have chosen the option in refuge (to be specified upon registration) ;
- Road book: description and Swiss maps (1 road book per registration dossier);
- The 4-Day Interrail Switzerland ticket, which gives access to all trains in Switzerland;
- Bus reservation for access to the Bernina line;
- Tourist taxes;
- Organisation and booking fees.

The price does not include:

- Picnic lunches;
- Drinks, visits, etc.;
- Panoramic wagon reservations;
- All transfers not specified;
- Seating in different trains;
- Your return journey from home to the point of departure/end point;
- Cancellation assistance insurance.

The price applies from departure to end point.

The journey

LEVEL ***

Elevation: +/- 800m - 1000m approximately per day.
Walking time: 4 to 6 hours per day.
Type of trek: mountain hike on trails including gravel paths.
You have to be in a general good fitness level. Please practice a cardio sport such as hiking, running, cycling, from 3 to 4 hours a week.
Your physical preparation will enable you to enjoy your trek to the maximum.
Please find the description of the levels by clicking here: levels of difficulty

ROAD BOOK

Before departure, we send you a travel folder containing:
- Swiss maps with the route highlighted.
- 1 road-book containing all the necessary information for the trek.
- 1 waterproof map holder.
- Accommodation list.

SIGNPOSTS AND WAYMARKS ALONG THE TREK

In Switzerland, the hiking trails are very well signposted, with regular panels pointing the way.
It is preferable to know how to read a topographical map at 1/25000.

BAGGAGE TRANSPORT

Without luggage transport: you carry all your luggage with you.

ACCOMMODATION

8 nights in B&B bedroom for 2 persons
1 night in dormitory with half-board, in refuge (or night in B&B)

MEALS

Breakfast is provided in each accommodation.
Dinners are not included (except on day 5 if you have chosen the night in refuge) and can be taken in the various outlets or restaurants.
Picnics are not included and can be ordered the day before in some accommodation. You can buy supplies in local shops.

Please inform us about your food allergies and special diets **at the time of booking.**
We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

CURRENCY

During your stages in Switzerland, some shops do not accept euros, so you will need to bring Swiss francs with you.

MAPS

Swiss map : 3328T Lugano-Mendrisiotto 1/33 333, 258 Bergun 1/50 000

Practical information

ACCESS TO DEPARTURE POINT

Departure from Geneva or Basel.

BY TRAIN

To and from the departure point: regular trains from Paris to Basel or from Lyon to Geneva.

The timetables given are for information only and must be checked with the SNCF.

Basel - Domodossola: departure at 10:56 or 12:28 (approx. 3 hours' journey)

Geneva - Domodossola : departure at 10h24 or 12h05 (approx. 3h15 journey time)

'Train Bleu Centovalli' Domodossola - Locarno : departure at 15h26 (approx. 2h journey)

Locarno - Lugano: departs at 17:52 (30-minute journey)

The timetables given are for information only and must be checked with SBB.CH.

End of the hike in the afternoon in Brig or Andermatt.

ACCOMMODATION BEFORE AND AFTER

On request we can book a bedroom for you before and/or after your tour.

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. Under no circumstances, we can replace your personal civil liability.

The repatriation insurance IMPACT EVASION that we offer is dedicated to French speaking people living in Europe. If it is not your case, we advise you to subscribe to another travel insurance which will cover you in case of injury and repatriation during your trek.

If you chose to take out repatriation insurance with IMPACT EVASION whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE / IMPACT EVASION.

CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16 or +33 (0)6 42 49 76 07**

Equipment and luggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

BAGGAGE TRANSPORT

Your extra belongings will have to be transported between the stations and the accommodation (max 1km). Please bring a suitcase in addition to your rucksack.

Details

HOW TO REGISTER

- Online: www.altitude-montblanc.com

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

> Altitude Mont-Blanc
> 62, passage du Nant Devant
> 74110 MONTRIOND
> FRANCE

Please specify whether you wish to take out an optional cancellation insurance.

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 35% in association with your account details at Altitude Mont-Blanc
('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.
The balance must be paid one month before departure without a reminder from us.
For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.

Postal booking form

Complete this form and return it with your deposit.

Last name	
First name	
Birth date	
Address	
Phone	
Mobile phone	
Email	
Requested trip	**HIKES AND LEGENDARY SWISS TRAIN 10 days self-guided**
Number of days	**10**
Insurance	
Trip price	**1 560 €**
Estimated deposit (30%)	**468 €**
Signed in	
Date	
Signature	

Return with your deposit to

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond

+33 (0)4 50 79 09 16 · info@altitude-montblanc.com