DENTS BLANCHES AIGUILLES ROUGES

Hiking in the wild...

Reference · 96

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DURATION	TRAVEL STYLE	LUGGAGE
7 days	**Accompanied / guided**	**With luggage transfer**

ACCOMMODATION	LEVEL	FROM
Classic (dormitory)	**4/4 ★★★★**	**1 045 €**

Between the Mont Blanc massif and Lake Geneva straddling the French-Swiss border is a mountain range disconnected from the world: the Dents Blanches massif, Dents du Midi, Tenneverge, Mont Ruan and the Aiguilles Rouges. Incredibly shaped alpine landscapes, including lunar-like deserts, alpine lakes, waterfalls and forgotten pastures. No stress here, only wild and preserved nature that only hikers can discover.
One week hiking in high alpine valleys often isolated with cabled passages which open the doors to this preseved wilderness.

You will love

- A wide variety of landscapes thanks to a strong geological imprint
- 7 days at altitude, far from civilisation (only one descent into a village)
- A great variety of flora and fauna
- Numerous waterfalls along the route
- Luggage transfer between some accommodation

Altitude Montblanc · 62 Passage du Nant Devant · 74110 Montriond
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Capital 6000 EUR - IM 074100150 - APE 7912Z - SIRET 48156356700025 - VAT FR67481563567
Professional insurance MMA SARL SAGA - Groupama guarantee 840,000 EUR

Day-by-day itinerary

DAY 1

Meeting point 9:30am Sunday, at the Buet train station in Vallorcine, Chamonix valley (free parking is possible in Le Buet for the week).

VALLORCINE - VIEUX EMOSSON REFUGE

Starting on a trail up to the wild valley of Tré les Eaux. The trail follows the bed of a former glacier and reaches the beautiful Corbeau pass (2603m). Descend into the Vieux Emosson cirque passing through an area of surprising dinosaur footprints. Night in a refuge at the foot of the dam (*without baggage).

5.5 hour walk / Elevation: +1300m -420m

DAY 2

COL DE BARBERINE - CABANE DE SALANFE

Descend to the Emosson dam. Pass through a tunnel, then alongside the dam and ascend to the Barberine pass (2481m). Descend through the small valley before climbing to the Emaney pass (2462m) with a high-mountain atmosphere under Ruan and Tour Salière (3220m). Descend towards the Salanfe dam nestled between two geological formations. Night in a refuge on the edge of the dam (*without baggage).

7 hour walk / Elevation: +1050m -1350m

DAY 3

SUSANFE PASS - BARME

Climb to the pass (2494m) on a trail, with hand cables in sections, underneath the dominant Haute-Cîme (3200m). Descend into the Susanfe natural cirque under the Ruan glacier. The Pas d'Encel and a few more cabled sections take us out of the valley and back into the pastures. Take in the beauty of the Combe de Bonavau where it is often possible to observe herds of chamois ! Night in a refuge, in the very authentic pasture village of Barme.

6 hour walk / Elevation: +800m -1250m

DAY 4

PAS AU TAUREAU - VOGEALLE

A stunning and wild day awaits! Starting early morning to the Bostan pass via the "Pas de la Bide", a tiny passage in the rock. Traverse the Dents Blanches range through the breach called "Pas au Taureau" (2555m), and its cable-lined path. Descend into the La Vogealle valley to reach the lake and the refuge below. Night in the wild spot of La Vogealle refuge infront of the impressive Orgues of Tenneverge surrounded by marmots and ibex. Night in a refuge.

6 hour walk / Elevation: +1050m -550m

DAY 5

LE BOUT DU MONDE - CIRQUE DU FER A CHEVAL

Two classified sites in the plan today! Descend via the end of the valley of Bout du Monde and the Cirque of Fer à Cheval passing alongside multiple waterfalls. Slowly approaching civilisation and encounting visitors to this special site. Traverse the valley and Sixt-Fer-à-Cheval village to the hamlet of Salvagny. Night in a gîte with luggage.

5 *hour walk / Elevation: -1150m +200m*

DAY 6

ANTERNE LAKE AND PASS

Depart from the gîte to the Anterne pass (2038m). Traverse the stunning Anterne valley listening to the marmots whistle. Possible variation to the Frettes de Villy (2494m) for a panorama over the Aiguilles Rouges and Mont-Blanc massif. A well-deserved break at Lake Anterne overlooked by the Fiz mountain range. Final climb to the Anterne pass (2257m) and a quick descent to the Moëde-Anterne refuge for a night **without luggages.**

6 *to 7 hours walk / Elevation: +1400m -250m (extra +/-250m via Villy)*

DAY 7

COL DE SALENTON - VALLORCINE

Depart towards the western valley of the wild Aiguilles Rouges mountains which takes us to the Salenton pass (2526m) under the gaze of Mont Buet (3096m). Descend through granite blocks towards "Pierre à Bérard" and its refuge. Quick rest before descending to Vallorcine through a beautiful larch forest.

6 hours walk / Elevation: +530m -1200m

End of the trek on Saturday around 4pm at the Le Buet train station, Vallorcine.

The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc. (depending on the natural conditions and the fitness of the group).

Personalised tour available, contact us.

Dates and prices

PERIOD	AVAILABILITY	PRICE
27/06/2027 - 03/07/2027	Départ garanti	**1 095 €**
04/07/2027 - 10/07/2027	Open departure	**1 095 €**
11/07/2027 - 17/07/2027	Open departure	**1 095 €**
18/07/2027 - 24/07/2027	Open departure	**1 095 €**
25/07/2027 - 31/07/2027	Départ garanti	**1 095 €**
01/08/2027 - 07/08/2027	Départ garanti	**1 095 €**
08/08/2027 - 14/08/2027	Départ garanti	**1 095 €**
15/08/2027 - 21/08/2027	Open departure	**1 045 €**
22/08/2027 - 28/08/2027	Open departure	**1 045 €**
05/09/2027 - 11/09/2027	Open departure	**1 045 €**

THE PRICE

The price includes:

- Organisation and booking fees, guiding by a qualified mountain leader;
- Accommodation with half-board formula, lunch picnics and snacks during the day;
- Tourist tax;
- Luggage transfer on days 3 and 5.

The price does not include:

- Personal expenses (drinks, visits, etc. please take cash);
- Luggage transfer on days 1, 2, 4 and 6;
- Cancellation insurance;
- Your return journey from home to departure/end point.

The price is all inclusive from departure to end point.

The journey

LEVEL ****

Ascent: +/- 1000 on average per day.
Walking time: 5 to 7 hours per day.
Type of terrain: mountain trails with scree slopes and technical passages secured by cables.

You need to be in good general physical condition. Regularly practice an endurance sport such as walking, running or cycling, 6 to 8 hours a week. Your physical preparation will make your stay easier and more enjoyable.
Click here for a description of the different levels: hiking level

GUIDING

Groupes de 10 personnes maximum encadrés par un professionnel diplômé (accompagnateur en moyenne montagne).
The mountain guide leader may have to modify the programme to adapt it to the level of the participants and/or the natural conditions. As a last resort, he is the sole decision-maker.
It is usual to tip your guide at the end of the trek, according to your satisfaction. It is not mandatory but, it is very appreciated.

ACCOMMODATION

5 nights in dormitory and 1 night in a 2 to 4-person bedroom, in refuge. All accommodation is equipped with hot showers. However, due to increasingly recurrent periods of drought, access to showers is not guaranteed.

MEALS

Breakfast and dinner are provided in each accommodation. Picnics are included and are carefully daily prepared by your mountain leader, comprising a variety of a healthy salads and local products.
Please inform us about your food allergies and special diets **at the time of booking.** We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

RESPONSIBLE TOURISME

Days 1, 2, 4 and 6 are without luggage transfer so you will need to carry a small toilet bag and a change of clothes (1-2kg maximum). We have made this choice to favour an enchanting secluded route but also to lower the cost and limit the environmental impact. Please let us know your thoughts!

MAPS

IGN Top 25 - 3630 OT - Chamonix et Top 25 - 3530 ET - Samoëns (1/25 000)
IGN Top 25 - 3630 OT - Chamonix et Top 25 - 3531 ET - Saint Gervais (1/25 000)

Practical information

ACCESS TO DEPARTURE POINT

Meeting point Sunday at 9.30 am at the Buet train station (parking), in the Chamonix valley.

BY TRAIN

Timetables must be checked on www.oui.sncf

BY CAR

Take the A40 to Chamonix, follow the direction of Argentière, col des Montets and Vallorcine. Le Buet is the first village before arriving in Vallorcine. Large free parking on the right handside of the road and the train station is at the entrance to the village.
If you wish to leave your car in a covered garage, contact: Chamonix Auto Park: 04 50 53 65 71.

CAR-SHARING

Get in touch with people to share a lift! Here are some website : www.blablacar.fr www.laroueverte.com www.roulezmalin.com

CLOSEST AIRPORTS

Geneva (GVA) - Lyon (LYS) - Paris (PAR)

End point Saturday around 4pm at the parking of Le Buet.

ACCOMMODATION BEFORE AND AFTER

Hotel du Buet à Vallorcine www.hotelbuet.com
Chamonix Tourist Office www.chamonix.com
If you book a night in the Chamonix valley, ask the hotel reception for a bus/train pass to use public transport for free in the Chamonix valley. www.chamonix.montblancbus.com/en/bus-lines

TO CONTACT US

If you are late please contact the agency as soon as possible: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Equipment and luggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Lightweight down jacket
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches (0,4 ~ 0,5L)
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 40 to 50 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers), an extra set of clothes and a small toilet bag for the nights without your baggage and also keep a little room to carry a picnic and some snacks.

LUGGAGE TRANSFER

You are allowed **1 soft, sports type bag, with all your possessions inside, of 10kg maximum per person** . Your luggage will be transported on days 3 and 5 by our logistics vehicle where access is not always easy.
Baggage which is too heavy won't be accepted by the drivers, please think of their backs !

YOUR BACKPACK FOR THE NIGHTS WITHOUT LUGGAGE TRANSFER

On nights 1, 2, 4 and 6, your luggage won't be delivered at your accommodation. Here are the things to bring with you (about 2 kilos are enough !) :

- small toiletries bag
- sleeping bag liner sheet
- change of clothes for the day after (bare necessities!) and comfortable for the evening.

Postal booking form

Complete this form and return it with your deposit.

Last name	
First name	
Birth date	
Address	
Phone	
Mobile phone	
Email	
Requested trip	**DENTS BLANCHES AIGUILLES ROUGES**
Number of days	**7**
Insurance	
Trip price	**1 045 €**
Estimated deposit (30%)	**313,50 €**
Signed in	
Date	
Signature	

Return with your deposit to

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Professional insurance MMA SARL SAGA - Groupama guarantee 840,000 EUR