




FACING MONT BLANC 4 days self-guided


The most beautiful viewpoints in a short stay...



Offering you a selection of the most beautiful hikes in the Chamonix valley, a panoramic stay in the Mont Blanc range whereby one may discover all its splendour. Strolls between the Mer de Glace, Lac Blanc, Posettes... Easy hikes to fill your eyes with this fantastic high mountain scenery.

 4 days

 Self-guided / without a guide

 With or without baggage transport

 Accommodation : Comfort (room)

 Level : **

 From : 495€

You will like

- The panoramic views of the Mont Blanc
- The route close to the Mer de Glace
- Routes accessible to all without vertigo inducing passages whilst keeping an alpine character

The route

Day 1

Departure from your hotel in the centre of Chamonix.

SIGNAL FORBES - LA MER DE GLACE

Take the Aiguille du Midi cable car to the mid station Plan de l'Aiguille and hike along a balcony trail through the alpine pastures of la Blaitière to the Forbes signal (2200m). Descend along the Mer de Glace facing the Aiguille des Drus and the Grandes Jorasses. Descend to Chamonix on foot or on the Montenvers train. Overnight in Chamonix.

2.5 hour walk / Elevation: +200m -500m (-900m extra if descending to Chamonix on foot)

Day 2

LAC CORNU

Take the Planpraz telecabine and walk to Lac Cornu (2250m). Panoramic view of the entire Mont Blanc range, the Aravis and Faucigny mountains. Descend to Chamonix by the Flégère telecabine or on foot. Overnight in Chamonix.

4.5 hour walk / Elevation: +500m -650m (-1000m extra if descending to Chamonix on foot)

Day 3

THE LAC BLANC

Cross Chamonix and ascend with the cable car to Flégère. Facing the Mont Blanc range, balcony trail to reach the Lac Blanc. The path continues on to the Chéserys lakes, passes at the foot of the Aiguilles Rouges mountains and then descend to Col des Montets. Incredible views over the Mont Blanc range from this balcony day. Night in a hotel in Argentière.

5 hour walk / Elevation: +500m -1100m

Day 4

AIGUILLETTE DES POSETTES

From the gîte hike to the Col de Balme and the Aiguillette des Posettes. Panoramic view of the Mont Blanc and the glaciers of Le Tour and Argentière. Descend through the alpine pastures to Montroc-Le Tour. Return by train or bus to Chamonix.

5.5 hour walk / Elevation: +750m -750m

End point during the afternoon at Montroc-le-Planet.

The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc.

Personalised tour available, contact us...

The trip

LEVEL **

Elevation: +/- 400m to 950m approximately per day.

Walking time: 4.5 to 6 hours approximately per day.

Type of trek: this tour is not technically difficult and is open to children from 10 years old.

You will need a good fitness level and must have a good health for this trek. A physical preparation will help you to enjoy your stay: please regularly practice a cardio sport such as hiking, running, biking, swimming.

Please find the description of the levels by clicking here: [Level of difficulty](#)

ROAD BOOK

Before departure, we send you a travel folder containing:

- 1 IGN TOP 25 with the route highlighted.
- 1 road-book containing all the information necessary for the trek.
- 1 waterproof map holder.
- Accommodation list.

SIGNPOSTS AND WAYMARKS ALONG THE TREK

The tour of Mont Blanc is a trek which is very well indicated:

In France: marked with red and white stripes for Grande Randonnée (in both directions).

BAGGAGE TRANSPORT

With baggage transport: your baggage is transported daily to your accommodation by our logistics vehicle.

ACCOMMODATION

COMFORT: 3* Hotel

Day 1 and 2 - night in 3* Hotel on B&B basis in Chamonix (twin/double bedroom).

Day 3 - night in 3* Hotel on half-board basis in Argentière (twin/double bedroom).

MEALS

Breakfast is included and provided in each accommodation, as well as dinner on night 3.

Dinners are not included on nights 1 and 2 and can be booked in one of the many restaurants in Chamonix.

Picnics are not included and can be pre-ordered at each accommodation in the evening.

Please inform us about your food allergies and special diets **at the time of booking.**

Accommodations do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.

PERSONALISED TOURS

We can personalise a tour according to your requirements (number of days, participants, level of route, accommodation, etc.)

MAPS

Practical information

ACCESS TO DEPARTURE POINT

Meeting point at your hotel in Chamonix.

BY TRAIN / BUS

Inbound: departure from Paris-Gare de Lyon the day before at 12:18pm (or 2:18pm), arrival in Chamonix at 7:10pm (8:10pm)

Return : departure from Les Houches at 3:21pm (or 5:21pm), arrival at Paris-Gare de Lyon at 9:42pm (11:42pm).

Times given are indicative and should be verified in a train station or on www.oui.sncf

There are regular buses throughout the whole Chamonix valley - with an hourly bus service between Les Houches and Montroc-le-Planet.

www.chamonix.montblancbus.com/en/bus-lines

BY CAR

Take the A40 motorway to Chamonix, follow the main road towards Argentière and Switzerland to Le Tour (1km after Argentière) or exit at Les Houches, Bellevue/Prarion.

There is ample free parking near the meeting point in the village of Le Tour (15 minute-walk).

If you wish to leave your car in a covered garage, contact: Chamonix Auto Park: 04 50 53 65 71 (40 to 50€ per week).

CAR-SHARING

Get in touch with people to share a lift! Here are some website recommendations: www.blablacar.fr

www.covoiturage-libre.fr www.laroueverte.com www.roulezmalin.com

CLOSEST AIRPORTS

Geneva (GVA)

1 hour by car to Chamonix.

Bus and minibus services direct to your accommodation (25-35€ pp each way)

Lyon (LYS)

2h15 by car to Chamonix.

Train every 2 hours to Chamonix, 4h15 journey (40-45€ pp return)

Paris (PAR)

7 hours by car to Chamonix.

Train every 2 hours to Chamonix / 5-6 hour journey (80-120€ pp return)

End point around 4:00pm at Montroc-le-Planet.

RETURN TO DEPARTURE POINT

At the end of the tour the way back from Montroc-le-Planet to Chamonix is easy via bus.

ACCOMMODATION BEFORE AND AFTER

By request we can book a bedroom for you before and/or after your trek.

Les Houches - Hôtel St Antoine: +33 (0)4 50 54 40 10

www.hotelsaintantoine.com

Hôtel les Campanules: +33 (0)4 50 54 40 71

www.hotel-campanules.com

Le Tour - Chalet Alpin: +33 (0)4 50 54 04 16

Chamonix Tourist Office : +33 (0)4 50 53 00 24

www.chamonix.com

If you book a night in the Chamonix valley, ask the hotel reception for a bus/train pass to use public transport for free in the Chamonix valley.

www.chamonix.montblancbus.com/en/bus-lines

INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. Under no circumstances, we can replace your personal civil liability.

The repatriation insurance EUROP ASSISTANCE that we offer is dedicated to French speaking people living in Europe. If it is not your case, we advise you to subscribe to another travel insurance which will cover you in case of injury and repatriation during your trek.

If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

CONTACT US

If you are late please contact the agency as soon as possible on: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

Dates & prices

DEPARTURES AND PRICES

Departures from 15th June to 15th September 2024

4 days / 3 nights: 495€ per person (based on a double/twin bedroom)
Single supplement: 165€

Information and reservation is simple by telephone or email.

THE PRICE

The price includes:

- 2 nights in a 3* hotel on B&B basis in Chamonix (twin/double bedroom);
- 1 night in a 3* hotel on half-board basis in Argentière (twin/double bedroom);
- A road book: description and IGN maps (1 road book per registration, additional road book supplied for groups of more than 4 people. Supplementary road book 10-25€);
- Baggage transport between accommodation;
- Organisation and booking fees;
- Tourist taxes.

The price does not include:

- Picnic lunches;
- Dinners in Chamonix;
- Personal expenses, drinks, touristic visits, etc.;
- The lifts and train (approx 80€ per person);
- Travel to and from your home;
- Cancellation insurance (4.2% of total tour cost).

The price is all inclusive from departure to end point.

Equipment and baggage

EQUIPMENT LIST

Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots with a good sole, already broken in
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

Other Equipment

- Toilet bag
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended)
- Identity card or passport

BACKPACK

Bring a comfortable backpack of 30 to 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.

BAGGAGE TRANSPORT

You are allowed **1 soft, sports type bag, with all your possessions inside, of 10kg maximum per person.** Your baggage will be transported daily between accommodation by our logistics vehicle.

Baggage which is too heavy won't be accepted by the drivers, please think of their backs!

If you wish to prolong your holiday, we can safely hold another bag for you which you may leave with us at the departure point and it will be deposited at the end point with your other baggage.

HOW TO REGISTER

- By internet: www.altitude-montblanc.com

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc
62 Passage du Nant Devant
74110 MONTRIOND
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc ('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



Registration by mail form

Last name:

PRENOM:

Date of birth:

Address:

Phone number:

Mobile phone number:

Email address:

SEJOUR DEMANDE:

Number of days:

Insurance:

Price:

x 30% =

Deposit

Locality where signed:

Date

Signature:

A large, light gray rectangular box intended for the user's handwritten signature.

Return with your deposit to:
Altitude Mont-Blanc, 62 Passage du Nant Devant, 74110 Montriond, FRANCE